



Healthy Youth Survey 2018

Report of Results

Heatherwood Middle School (Everett School District)

Grades 6 and 8

March 1, 2019

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More information about the Healthy Youth Survey is available at www.AskHYS.net

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For a detailed list of all of the survey questions by topic - please use the Questions by Topic section in the back of this report.

Heatherwood Middle School (Everett School District)

Grades 6 and 8

Introduction and Overview

This report presents results from the fall 2018 Healthy Youth Survey in Washington State. This survey was sponsored by the Department of Health, the Office of Superintendent of Public Instruction, the Department of Social and Health Services and the Liquor and Cannabis Board in cooperation with schools throughout the state of Washington.

This Multiple Grade Report does not provide comparisons to the state. To compare your results to the state sample, see the Multiple Grade State Sample Report for grades 6, 8, 10 and 12. This report is available at: <http://www.askhys.net/Reports> under State Reports.

Survey questions covering the same topics are grouped together when possible but be sure to consult the index for related questions when you are searching for information on a specific topic. The numbering in this report is not the same as the question order on the survey itself.

The bulleted points and graphs included at the beginning of this report highlight selected findings. Additional information may be found in the *Interpretive Guide* posted to the Healthy Youth Survey web site: <http://www.askhys.net/Reports/Additional>.

Survey Participation in this Report

	<u>Grade 6</u>	<u>Grade 8</u>
Number of students surveyed:	289	264
Number of valid responses:	288	252
Number of enrolled students*:	326	331
Your survey participation rate**:	88%	76%

* The estimate of enrolled students is based on figures from the 2018-2019 school year, provided by OSPI.

** The survey participation rate is the number of valid responses divided by the number of enrolled students.

Note: Results not available for non-surveyed grades or grades suppressed for under-participation. See Past Participation for details: <http://www.askhys.net/Past>

Caution about Participation Rates and Bias

Please use the following guidance when reviewing your results:

- 70% or greater participation—Results are probably representative of students in this grade.
- 40–69% participation—Results may be representative of students in this grade.
- Less than 40% participation—Results are likely not representative of students in this grade but do reflect students who completed the survey.

There may be limitations to your results even if you have a high participation rate. For instance, a particular group of students (say, the school orchestra) may have been away from school the day of the survey, and that could bias the results. It is important to acknowledge the potential limitations when using the results in this report. For reports summarizing results at the county or School District level, you should also consider whether the schools that participated represent all students in that area.

Small Numbers: Caution about Number of Students Participating

Results based on small numbers of students answering a question are unstable---that is, they could easily change with the absence from school of only a couple of students. This is especially the case when only a few students choose a particular answer option. Also, in this situation, the reported 95% confidence interval might be too narrow. Thus, use caution if fewer than 30 students answered a question and fewer than 5 students selected a given response option.

For example, if 20 students answered a question and of those 20 only 3 students answered "Yes", the estimate is unreliable.

See the Understanding Your Report section later in this report for a discussion of "confidence intervals" to help guide your interpretation of the results.

Key to the Notes

Three versions of the survey were used in the administration of the 2018 HYS. Forms A and B were given to secondary students (grades 8, 9, 10, 11 and 12 in some small school districts). Eight questions on sexual orientation, behavior and abuse were optional at the discretion of the school; schools that did not administer the optional items tore off the last page of the survey booklet. Form C was given to elementary students (grade 6 and 7 in some small school districts).

A list of the topics asked and their location in the report are provided in the Questions by Topic section at the end of this report. "Core" questions are asked on both Forms A and B. A list of Core Questions is also found at the end of this report.

The following notes are used throughout this report to document the differences between the questions on different versions and indicate the optional questions:

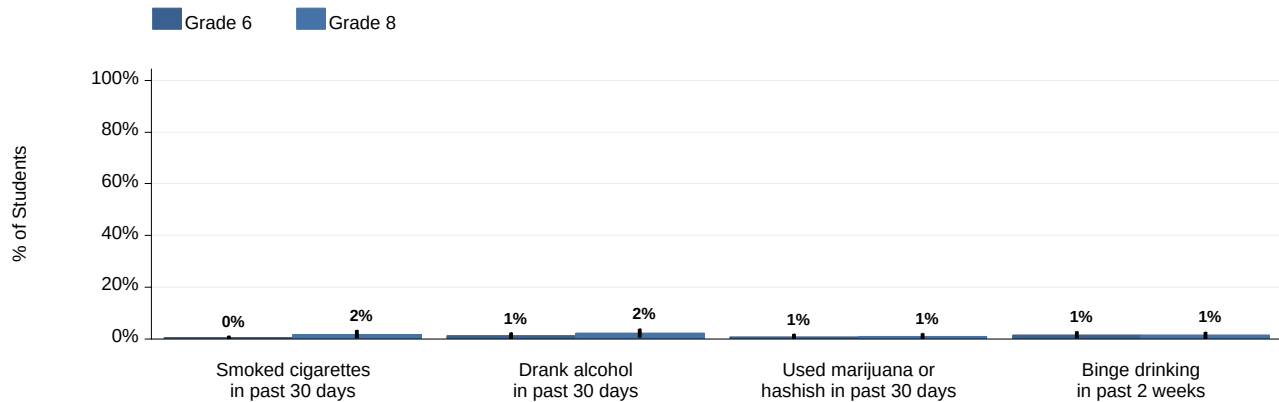
A = wording on Form A; B = wording on Form B; C = wording on Form C

† = optional questions

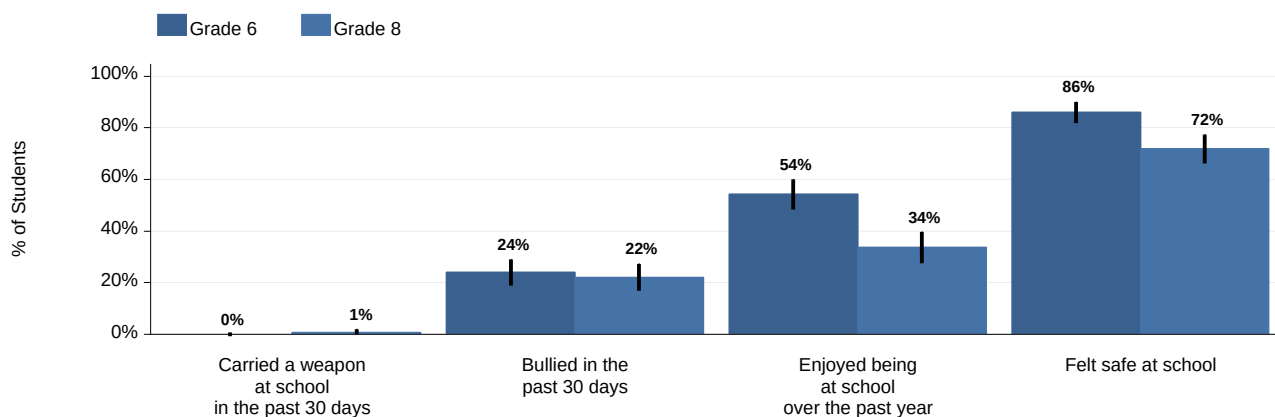
Highlights of the Local Results

Your students reported the following behaviors and attitudes:

Substance Use	Grade 6	Grade 8
	% (± CI)	% (± CI)
Smoked cigarettes in past 30 days	0.4% (±0.7)	1.7% (±1.6)
Drank alcohol in past 30 days	1.1% (±1.2)	2.1% (±1.8)
Used marijuana or hashish in past 30 days	0.7% (±1.0)	0.8% (±1.2)
Binge drinking in past 2 weeks	1.5% (±1.4)	1.3% (±1.4)



Bullying and School Climate	Grade 6	Grade 8
	% (± CI)	% (± CI)
Carried a weapon at school in the past 30 days	0.0% (±0.0)	0.8% (±1.2)
Bullied in the past 30 days	24.0% (±5.1)	22.2% (±5.2)
Enjoyed being at school over the past year	54.2% (±5.8)	33.6% (±6.0)
Felt safe at school	86.0% (±4.1)	71.8% (±5.6)



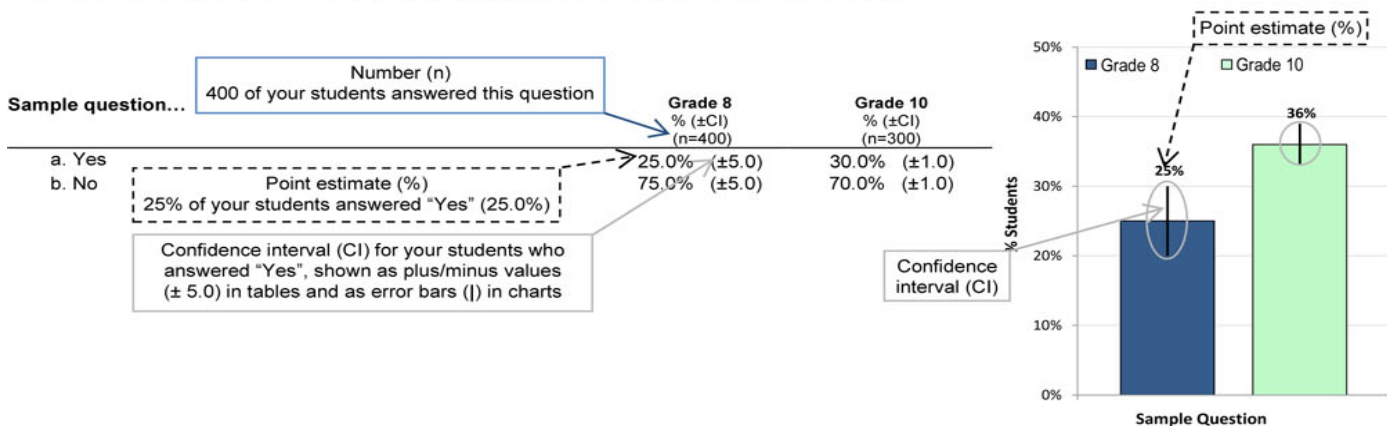
For more information on specific HYS topics, see the Fact Sheets at www.AskHYS.net, under HYS Results – Fact Sheets

Understanding Your Report

N's

In this report "n" is shorthand for "number"---the number of students who took this survey or who answered a survey question. N's are important! We also report the point estimates (%), and the 95% confidence intervals (CI).

Here is an example of how results are displayed in the report tables and charts.



How many students took this survey?

Look on page 2, under Survey Participation. The "number of students surveyed" is the number of surveys that we received. We have careful procedures for "cleaning" to remove surveys with many inconsistent or false answers – the "clean" surveys are the "number of valid surveys". Only valid surveys are presented in this report.

How many students answered each survey question?

The n's for each question vary. Why? There are several reasons:

- There are two versions of the grades 8, 10, and 12 survey – Form A and B. Core questions are on all versions, so the n's for those questions are about the same as the number of valid surveys. For non-Core questions the n's will be about half, or less.
- Some schools chose to take the questions about sexual orientation, behavior and abuse. Schools that chose to not ask those additional questions will have no responses for those questions. [District and county reports may include some schools that DID ask those questions and some that DID NOT.]
- Not all students finish the survey, so questions near the end have smaller n's. [NOTE: the order of the questions in the report is not the same as on the survey itself.] Also, some students may decide to skip certain questions.

Here are examples from a district with 400 valid surveys --- notice how the n's change with each question type.

17. Have you ever, even once in your life: Used marijuana?

	(n=398)	(n=400)
a. Yes	49.0% (±3.0)	46.0% (±1.0)
b. No	51.0% (±3.0)	54.0% (±1.0)

N for a core question
(almost all students)

18. Have you ever, even once in your life: Used inhalants (things you sniff to get high)?

	(n=200)	(n=190)
a. Yes	11.0% (±4.0)	12.0% (±2.0)
b. No	89.0% (±4.0)	88.0% (±2.0)

N for a question on only one
version (about half the
students)

100. How old were you when you had sexual intercourse for the first time?†

	(n=100)	(n=99)
a. I have never had sexual intercourse.	70.0% (±8.0)	75.0% (±4.0)
b. 11 years old or younger	2.0% (±2.0)	2.0% (±1.0)
c. 12 years old	2.0% (±2.0)	1.0% (±1.0)
d. 13 years old	5.0% (±2.0)	4.0% (±1.0)
e. 14 years old	8.0% (±6.0)	7.0% (±2.0)
f. 15 years old	9.0% (±5.0)	8.0% (±2.0)
g. 16 years old	3.0% (±3.0)	2.0% (±1.0)
h. 17 years old or older	1.0% (±1.0)	1.0% (±1.0)

N for an optional sexual
behavior question (about
half, or less if some schools
chose not to ask those
questions)

150. Does your school have a counselor

	(n=375)	(n=380)
a. Yes	90.0% (±3.0)	95.0% (±1.0)
b. No	5.0% (±2.0)	2.0% (±1.0)
c. Not sure	5.0% (±2.0)	3.0% (±1.0)

N for a core question near
the end of the survey
(almost all, except students
who don't finish the survey)

How many students are we talking about?

N's are only provided for the total number of students who answered a question, not the individual answer options. Some people find it useful to translate their point estimates (%) into the number of students.

For example, in a district if 10% of students reported that "Yes" they used inhalants in their lifetime and 200 students answered the questions, then 20 students in the district used inhalants (200×0.10).

Confidence Intervals

It is unlikely that the point estimate (%) reported for each question is *exactly* the same as the "true" value for all your students. This report includes 95% confidence intervals (CI) to describe this uncertainty. If there is no bias in the data, then there is a 95% chance that the CI will include the true value. So for example, if the point estimate and CI are 51.5% ($\pm 1.5\%$), then there is a 95% chance that the true percentage is between 50.0% and 53.0%.

The size of your CIs depend in part on the n for each question – as more students answer a question, your point estimate is likely to be closer to the "true" value. If you are a small school, district or county your CIs will be large. The confidence interval does not take into account the participation rate – in other words, a low participation rate can create bias which will not be reflected in the CI.

How can you "use" confidence intervals?

CIs help you to decide if the differences between your students at different grade levels are statistically significant.

For an example, let's say your 8th Grade students report 25% $\pm$ 5%. That means that the CI is between 20% and 30%. Here is the math: $25\% - 5\% = 20\%$, and $25\% + 5\% = 30\%$

Using CIs, you can decide if the difference between your 8th grade and 10th grade students are statistically significant:

1. A significant difference:

- 8th Grade students report 25% $\pm$ 5%, so the point estimate is 25% and the CI is 20% to 30%
- 10th Grade students report 36% $\pm$ 3%, so the point estimate is 36% and the CI is 33% to 39%
- The CIs don't overlap, so the difference *is* significant



2. Not a significant difference:

- 8th Grade students report 25% $\pm$ 5%, so the point estimate is 25% and the CI is 20% to 30%
- 10th Grade students report 28% $\pm$ 3%, so the point estimate is 28% and the CI is 25% to 31%
- The CI for your 8th Grade students overlaps the point estimate for 10th Grade students, so the difference *is not* significant



3. Not sure if there is a difference:

- 8th Grade students report 25% $\pm$ 5%, so the point estimate is 25% and the CI is 20% to 30%
- 10th Grade students report 32% $\pm$ 3%, so the point estimate is 32% and the CI is 29% to 35%
- The CIs overlap, but don't include the other point estimates, so you don't know for sure if they are really different without using the significance testing tool described in the next paragraph.



More information about interpreting CIs is available on the HYS Training web page at www.AskHYS.net/Training. The Training web page includes past HYS training materials and a "Tool for Determining HYS Statistical Significance". Use the "tool" to find out if your results are significantly different.

More Information

Much of the information on the Healthy Youth Survey is available online at www.AskHYS.net.

- Under HYS Results, you can find these "Frequency Reports". Also included is an Interpretive Guide with a detailed overview of the reports, information on statistical issues and how to use your data. There are also topical fact sheets and a data query system where you can run your own simple analysis.
- Under Training, there are copies of past HYS training workshop materials and the tool for testing significant differences.

Technical information is also at www.doh.wa.gov/DataandStatisticalReports/HealthBehaviors/HealthyYouthSurvey.

Frequency Results

Demographics and General Information

	Grade 6	Grade 8
	% (± CI) (n=0)	% (± CI) (n=251)
1. How old are you?		
a. 12 or younger	**	1.6% (±1.6)
b. 13	**	77.3% (±5.2)
c. 14	**	20.3% (±5.0)
d. 15	**	0.4% (±0.8)
e. 16	**	0.0% (±0.0)
f. 17	**	0.0% (±0.0)
g. 18	**	0.0% (±0.0)
h. 19 or older	**	0.4% (±0.8)
2. How old are you?	(n=288)	(n=0)
a. 10 or younger	2.1% (±1.7)	**
b. 11	79.5% (±4.7)	**
c. 12	18.4% (±4.5)	**
d. 13	0.0% (±0.0)	**
e. 14	0.0% (±0.0)	**
f. 15 or older	0.0% (±0.0)	**
3. What sex/gender were you at birth, even if you are not that gender today?	(n=287)	(n=251)
a. Female	48.1% (±5.8)	44.2% (±6.2)
b. Male	51.9% (±5.8)	55.8% (±6.2)
4. How do you currently identify yourself? Select all that apply.		
†	(n=0)	(n=213)
a. Male	**	52.1% (±6.8)
b. Female	**	44.6% (±6.7)
c. Transgender	**	0.9% (±1.3)
d. Questioning/not sure of my gender identity	**	0.9% (±1.3)
e. Something else fits better	**	0.5% (±0.9)
f. I do not know what this question is asking	**	0.5% (±0.9)
More than one response selected	**	0.5% (±0.9)

Some students may select multiple answers to this question so that their response is consistent with how they identify. For example, a student who identifies as a transgender woman may select both female and transgender. This type response is represented in the 'selected multiple responses' category.

5. Which of the following best describes you? †	(n=0)	(n=215)
a. Heterosexual (straight)	**	80.9% (±5.3)
b. Gay or lesbian	**	3.3% (±2.4)
c. Bisexual	**	6.0% (±3.2)
d. Questioning/not sure	**	4.2% (±2.7)
e. Something else fits better	**	2.3% (±2.0)
f. I don't know what this question is asking	**	3.3% (±2.4)

	Grade 6	Grade 8
6. How do you describe yourself? (Select one or more responses.)	% (± CI) (n=278)	% (± CI) (n=249)
a. American Indian or Alaskan Native	3.2% (±2.1)	1.2% (±1.4)
b. Asian or Asian American	20.5% (±4.8)	20.1% (±5.0)
c. Black or African-American	5.0% (±2.6)	3.6% (±2.3)
d. Hispanic or Latino/Latina	13.3% (±4.0)	9.6% (±3.7)
e. Native Hawaiian or other Pacific Islander	0.7% (±1.0)	2.0% (±1.8)
f. White or Caucasian	35.3% (±5.7)	48.2% (±6.2)
g. Other	14.0% (±4.1)	9.2% (±3.6)
More than one race/ethnicity marked	7.9% (±3.2)	6.0% (±3.0)

Another way to report race and ethnicity, is to categorize all Hispanic students as Hispanic regardless of race. If a student is Not Hispanic and is in more than one race roll-up category they will be reported as 'Multiracial non-Hispanic'.

7. How do you describe yourself? (Select one or more responses.)	(n=278)	(n=249)
White non-Hispanic	35.3% (±5.7)	48.2% (±6.2)
Hispanic	16.9% (±4.4)	11.6% (±4.0)
American Indian or Alaskan Native non-Hispanic	3.2% (±2.1)	1.2% (±1.4)
Asian or Asian American non-Hispanic	20.5% (±4.8)	20.1% (±5.0)
Black or African-American non-Hispanic	5.0% (±2.6)	3.6% (±2.3)
Native Hawaiian or other Pacific Islander non-Hispanic	0.7% (±1.0)	2.0% (±1.8)
Other non-Hispanic	14.0% (±4.1)	9.2% (±3.6)
Multiracial non-Hispanic	4.3% (±2.4)	4.0% (±2.5)

8. If you are of Asian or Pacific Islander background, which groups best describe you? Mark all that apply.	(n=0)	(n=103)
a. Not Asian or Pacific Islander	**	66.0% (±9.3)
b. Asian Indian	**	3.9% (±3.8)
c. Cambodian/Khmer	**	1.0% (±1.9)
d. Chinese	**	3.9% (±3.8)
e. Filipino	**	2.9% (±3.3)
f. Japanese	**	3.9% (±3.8)
g. Korean	**	8.7% (±5.5)
h. Vietnamese	**	0.0% (±0.0)
i. Other Asian	**	5.8% (±4.6)
j. Native Hawaiian or other Pacific Islander	**	1.9% (±2.7)
Mutliracial Asian, more than one response indicated	**	1.0% (±1.9)
Mutliracial Asian and Pacific Islander, more than one response indicated	**	1.0% (±1.9)

9. What language is usually spoken at home?	(n=0)	(n=243)
a. English	**	75.3% (±5.5)
b. Spanish	**	5.3% (±2.8)
c. Russian	**	2.5% (±2.0)
d. Ukrainian	**	2.5% (±2.0)
e. Vietnamese	**	0.4% (±0.8)
f. Chinese	**	1.2% (±1.4)
g. Korean	**	4.1% (±2.5)
h. Japanese	**	0.8% (±1.1)
i. Other	**	7.8% (±3.4)

	Grade 6	Grade 8
	% (± CI) (n=288)	% (± CI) (n=0)
10. What language is usually spoken at home?		
a. English	74.3% (±5.1)	**
b. Spanish	9.4% (±3.4)	**
c. Other	16.3% (±4.3)	**
11. How far did your mother get in school?	(n=0)	(n=229)
a. Did not finish high school	**	3.9% (±2.5)
b. Graduated from high school or GED	**	15.3% (±4.7)
c. Had some college or technical training after high school	**	14.4% (±4.6)
d. Graduated from a 4-year college	**	28.8% (±5.9)
e. Earned an advanced graduate degree	**	19.2% (±5.1)
f. Don't know	**	17.5% (±5.0)
g. Does not apply	**	0.9% (±1.2)
12. Who did you live with most of the time in the last 30 days?	(n=0)	(n=239)
a. Parent(s), step-parent(s), or legal guardian	**	99.2% (±1.2)
b. Relatives like a grandparent, an aunt, an older brother—but NOT your parents	**	0.4% (±0.8)
c. Foster care parent(s)	**	0.0% (±0.0)
d. Adults who are NOT your parents or relatives	**	0.4% (±0.8)
e. Friends of yours with no adults present	**	0.0% (±0.0)
f. On your own	**	0.0% (±0.0)
g. Other	**	0.0% (±0.0)
13. Where did you live most of the time in the last 30 days?	(n=0)	(n=240)
a. In my own house or apartment that my family rents or owns	**	94.6% (±2.9)
b. In a house or apartment that a relative rents or owns	**	3.8% (±2.4)
c. In a house or apartment with someone who is not a relative	**	0.0% (±0.0)
d. In a shelter	**	0.0% (±0.0)
e. In a car or RV, park, or campground	**	0.4% (±0.8)
f. In a motel/hotel	**	0.0% (±0.0)
g. On the street	**	0.4% (±0.8)
h. Moved from place to place	**	0.4% (±0.8)
i. Other	**	0.4% (±0.8)
14. Are your current living arrangements the result of losing your home because your family cannot afford housing?	(n=0)	(n=237)
a. No	**	87.3% (±4.3)
b. Yes	**	5.9% (±3.0)
c. Not sure	**	6.8% (±3.2)
15. Do you receive free or reduced price lunches at school?	(n=0)	(n=119)
a. No	**	70.6% (±8.3)
b. Yes	**	20.2% (±7.3)
c. Not sure	**	9.2% (±5.3)

	Grade 6	Grade 8
	% (± CI) (n=287)	% (± CI) (n=116)
16. Has your parent or guardian served in the military (Army, Navy, Air Force, Marines, Coast Guard, National Guard, and Reserves)?		
a. No	67.9% (±5.4)	74.1% (±8.1)
b. Yes	20.2% (±4.7)	19.8% (±7.4)
c. Not sure	11.8% (±3.8)	6.0% (±4.4)
17. Have you or your family moved in the past 3 years to another school district, city, or county for seasonal work in: agriculture, dairy, or fishing?	(n=253)	(n=117)
a. Yes	7.9% (±3.3)	8.5% (±5.1)
b. No	79.4% (±5.0)	85.5% (±6.5)
c. I don't know	12.6% (±4.1)	6.0% (±4.4)
18. During the past 30 days, on how many days have you been absent from school for any reason? Include any day that you missed at least half of the school day.	(n=287)	(n=241)
a. 0 days	67.2% (±5.5)	60.6% (±6.2)
b. 1 or 2 days	27.5% (±5.2)	30.3% (±5.8)
c. 3 or more days	5.2% (±2.6)	9.1% (±3.7)
19. During your last school year, how many times did you change schools for reasons other than moving up a grade?	(n=282)	(n=122)
a. I did not change schools	83.7% (±4.3)	95.9% (±3.6)
b. Once	10.6% (±3.6)	2.5% (±2.8)
c. Twice	3.2% (±2.1)	1.6% (±2.3)
d. Three or more times	2.5% (±1.8)	0.0% (±0.0)
20. How honest were you in filling out this survey?	(n=254)	(n=214)
a. I was very honest.	85.4% (±4.4)	85.0% (±4.8)
b. I was honest pretty much of the time.	13.0% (±4.2)	14.5% (±4.8)
c. I was honest some of the time	1.6% (±1.5)	0.5% (±0.9)
d. I was honest once in a while.	surveys pulled	
e. I was not honest at all.	surveys pulled	

Alcohol, Tobacco and Other Drug Use

Alcohol, tobacco, and other drug (ATOD) use has been a major concern in this country for many years. The consequences of ATOD use are well known. In the short term, ATOD use interferes with positive physical, emotional, and social development. In the long term, ATOD use is associated with delinquency and criminal activity, unintended injuries, and a variety of health complications including shorter life expectancy. Tobacco use is the world's leading cause of preventable death, disease, and disability. This section provides information about lifetime ATOD use (which in part reflects experimental use), use in the past 30 days (i.e., current use), and other tobacco-, alcohol-, and drug-related issues.

Lifetime Use

Have you ever, even once in your life:

21. Smoked a cigarette, even just a puff? (Computed from question 231)	(n=0)	(n=113)
a. No	**	95.6% (±3.9)
b. Yes	**	4.4% (±3.9)

	Grade 6	Grade 8
22. Used an electronic cigarette, also called e-cigs or vape pens? (Computed from question 56)	% (± CI) (n=0)	% (± CI) (n=114)
a. No	**	93.0% (±4.8)
b. Yes	**	7.0% (±4.8)
23. Drank more than a sip or two of beer, wine, or hard liquor (for example: vodka, whiskey, or gin)? (Computed from question 23 or 232)	(n=267)	(n=239)
a. No	82.8% (±4.6)	82.4% (±4.9)
b. Yes	17.2% (±4.6)	17.6% (±4.9)
24. Used marijuana? (Computed from question 24 or 230)	(n=269)	(n=238)
a. No	98.1% (±1.6)	96.2% (±2.4)
b. Yes	1.9% (±1.6)	3.8% (±2.4)
25. Used inhalants (things you sniff to get high)?	(n=270)	(n=0)
a. No	98.1% (±1.6)	**
b. Yes	1.9% (±1.6)	**
26. Used inhalants? Select all that apply.	(n=0)	(n=106)
a. No, I've never used it	**	97.2% (±3.2)
b. Yes, within the past year	**	0.0% (±0.0)
c. Yes, over a year ago	**	2.8% (±3.2)
27. Used heroin? Select all that apply.	(n=0)	(n=111)
a. No, I've never used it	**	100.0% (±0.0)
b. Yes, within the past year	**	0.0% (±0.0)
c. Yes, over a year ago	**	0.0% (±0.0)
28. Used methamphetamines (meth, crystal meth, ice, crank)? Do not include other types of amphetamines. Select all that apply.	(n=0)	(n=113)
a. No, I've never used it	**	99.1% (±1.8)
b. Yes, within the past year	**	0.0% (±0.0)
c. Yes, over a year ago	**	0.9% (±1.8)
29. Used cocaine? Select all that apply.	(n=0)	(n=108)
a. No, I've never used it	**	100.0% (±0.0)
b. Yes, within the past year	**	0.0% (±0.0)
c. Yes, over a year ago	**	0.0% (±0.0)
30. Used steroids (muscle builders) without a doctor's prescription? Select all that apply.	(n=0)	(n=109)
a. No, I've never used it	**	100.0% (±0.0)
b. Yes, within the past year	**	0.0% (±0.0)
c. Yes, over a year ago	**	0.0% (±0.0)
31. Used other illegal drugs?	(n=272)	(n=0)
a. Yes	1.5% (±1.4)	**
b. No	98.5% (±1.4)	**

30-Day Use (Use in the Past 30 Days)*During the past 30 days, on how many days did you:*

	Grade 6	Grade 8
	% (± CI) (n=276)	% (± CI) (n=240)
32. Smoke cigarettes?		
a. None	99.6% (±0.7)	98.3% (±1.6)
b. 1-2 days	0.4% (±0.7)	0.8% (±1.2)
c. 3-5 days	0.0% (±0.0)	0.4% (±0.8)
d. 6-9 days	0.0% (±0.0)	0.4% (±0.8)
e. 10-29 days	0.0% (±0.0)	0.0% (±0.0)
f. All 30 days	0.0% (±0.0)	0.0% (±0.0)
<i>Any use in past 30 days</i>	0.4% (±0.7)	1.7% (±1.6)
33. Use chewing tobacco, snuff, or dip?	(n=274)	(n=127)
a. None	99.6% (±0.7)	99.2% (±1.6)
b. 1-2 days	0.4% (±0.7)	0.0% (±0.0)
c. 3-5 days	0.0% (±0.0)	0.8% (±1.6)
d. 6-9 days	0.0% (±0.0)	0.0% (±0.0)
e. 10-29 days	0.0% (±0.0)	0.0% (±0.0)
f. All 30 days	0.0% (±0.0)	0.0% (±0.0)
<i>Any use in past 30 days</i>	0.4% (±0.7)	0.8% (±1.6)
34. Smoke cigars, cigarillos, or little cigars?	(n=0)	(n=127)
a. None	**	99.2% (±1.6)
b. 1-2 days	**	0.8% (±1.6)
c. 3-9 days	**	0.0% (±0.0)
d. 10-29 days	**	0.0% (±0.0)
e. All 30 days	**	0.0% (±0.0)
<i>Any use in past 30 days</i>	**	0.8% (±1.6)
35. Use an electronic cigarette, also called e-cigs, or vape pens?	(n=273)	(n=126)
a. None	99.6% (±0.7)	96.0% (±3.5)
b. 1-2 days	0.4% (±0.7)	2.4% (±2.7)
c. 3-5 days	0.0% (±0.0)	0.8% (±1.6)
d. 6-9 days	0.0% (±0.0)	0.8% (±1.6)
e. 10-19 days	0.0% (±0.0)	0.0% (±0.0)
f. 20-29 days	0.0% (±0.0)	0.0% (±0.0)
g. All 30 days	0.0% (±0.0)	0.0% (±0.0)
<i>Any use in past 30 days</i>	0.4% (±0.7)	4.0% (±3.5)
36. Smoke tobacco or flavored tobacco in a hookah, even just a puff?	(n=0)	(n=127)
a. None	**	99.2% (±1.6)
b. 1-2 days	**	0.0% (±0.0)
c. 3-9 days	**	0.8% (±1.6)
d. 10-29 days	**	0.0% (±0.0)
e. All 30 days	**	0.0% (±0.0)
<i>Any use in past 30 days</i>	**	0.8% (±1.6)

	Grade 6	Grade 8
	% (± CI) (n=0)	% (± CI) (n=127)
37. During the past 30 days, on how many days did you: Smoke tobacco in a pipe?		
a. None	**	99.2% (±1.6)
b. 1-2 days	**	0.8% (±1.6)
c. 3-9 days	**	0.0% (±0.0)
d. 10-29 days	**	0.0% (±0.0)
e. All 30 days	**	0.0% (±0.0)
<i>Any use in past 30 days</i>	**	0.8% (±1.6)
38. Drink a glass, can or bottle of alcohol (beer, wine, wine coolers, hard liquor)?	(n=273)	(n=239)
a. None	98.9% (±1.2)	97.9% (±1.8)
b. 1-2 days	1.1% (±1.2)	1.7% (±1.6)
c. 3-5 days	0.0% (±0.0)	0.0% (±0.0)
d. 6-9 days	0.0% (±0.0)	0.0% (±0.0)
e. 10 or more days	0.0% (±0.0)	0.4% (±0.8)
<i>Any use in past 30 days</i>	1.1% (±1.2)	2.1% (±1.8)
39. Use marijuana or hashish (weed, hash, pot)?	(n=268)	(n=240)
a. None	99.3% (±1.0)	99.2% (±1.2)
b. 1-2 days	0.4% (±0.7)	0.8% (±1.2)
c. 3-5 days	0.4% (±0.7)	0.0% (±0.0)
d. 6-9 days	0.0% (±0.0)	0.0% (±0.0)
e. 10-19 days	0.0% (±0.0)	0.0% (±0.0)
f. 20-29 days	0.0% (±0.0)	0.0% (±0.0)
g. All 30 days	0.0% (±0.0)	0.0% (±0.0)
<i>Any use in past 30 days</i>	0.7% (±1.0)	0.8% (±1.2)
40. Not counting alcohol, tobacco, or marijuana, use another illegal drug?	(n=271)	(n=113)
a. None	99.6% (±0.7)	99.1% (±1.8)
b. 1-2 days	0.4% (±0.7)	0.9% (±1.8)
c. 3-5 days	0.0% (±0.0)	0.0% (±0.0)
d. 6-9 days	0.0% (±0.0)	0.0% (±0.0)
e. 10 or more days	0.0% (±0.0)	0.0% (±0.0)
<i>Any use in past 30 days</i>	0.4% (±0.7)	0.9% (±1.8)
41. Use any illegal drug, including marijuana? (Computed from questions 39 and 40)	(n=267)	(n=113)
None	99.3% (±1.0)	98.2% (±2.5)
<i>Any use in past 30 days</i>	0.7% (±1.0)	1.8% (±2.5)
42. Use a pain killer TO GET HIGH, like Vicodin, OxyContin (sometimes called Oxy or OC) or Percocet (sometimes called Percs)?	(n=0)	(n=240)
a. None	**	99.6% (±0.8)
b. 1-2 days	**	0.4% (±0.8)
c. 3-5 days	**	0.0% (±0.0)
d. 6-9 days	**	0.0% (±0.0)
e. 10 or more days	**	0.0% (±0.0)
<i>Any use in past 30 days</i>	**	0.4% (±0.8)

	Grade 6	Grade 8
	% (± CI) (n=0)	% (± CI) (n=113)
43. Use prescription drugs not prescribed to you?		
a. None	**	100.0% (±0.0)
b. 1-2 days	**	0.0% (±0.0)
c. 3-5 days	**	0.0% (±0.0)
d. 6-9 days	**	0.0% (±0.0)
e. 10 or more days	**	0.0% (±0.0)
<i>Any use in past 30 days</i>	**	0.0% (±0.0)
44. During the past 30 days, which of the following have you used for non-medical reasons? Select all that apply.	(n=0)	(n=108)
a. I did not take any of these for non-medical reasons	**	94.4% (±4.4)
b. I used a stimulant, like Adderall or Ritalin	**	0.0% (±0.0)
c. I used a painkiller, like Vicodin, OxyContin, or Percocet	**	0.9% (±1.8)
d. I used a tranquilizer, like Valium or Xanax	**	0.0% (±0.0)
e. I used another kind of prescription drug	**	0.9% (±1.8)
f. I used an over-the-counter drug, like cough syrup or cold medicine	**	3.7% (±3.6)

Other Tobacco-Related Questions

45. Are the cigarettes that you usually smoke menthol cigarettes?	(n=0)	(n=125)
a. I do not smoke cigarettes.	**	100.0% (±0.0)
b. Yes	**	0.0% (±0.0)
c. No	**	0.0% (±0.0)
46. Does anyone who lives with you now smoke cigarettes?	(n=0)	(n=116)
a. No	**	85.3% (±6.5)
b. Yes	**	14.7% (±6.5)
47. During the past 7 days, on how many days were you in the same room with someone who was smoking cigarettes?	(n=254)	(n=116)
a. 0 days	88.2% (±4.0)	82.8% (±7.0)
b. 1-2 days	8.7% (±3.5)	13.8% (±6.4)
c. 3-4 days	1.2% (±1.3)	0.0% (±0.0)
d. 5-6 days	1.2% (±1.3)	0.0% (±0.0)
e. 7 days	0.8% (±1.1)	3.4% (±3.4)
48. During the past 7 days, on how many days did you ride in a car with someone who was smoking cigarettes?	(n=255)	(n=0)
a. 0 days	96.9% (±2.2)	**
b. 1-2 days	2.0% (±1.7)	**
c. 3-4 days	0.0% (±0.0)	**
d. 5-6 days	0.4% (±0.8)	**
e. 7 days	0.8% (±1.1)	**

	Grade 6	Grade 8
	% (± CI) (n=0)	% (± CI) (n=115)
49. During the past 30 days, how did you usually get your own tobacco? (Choose only one answer.)		
a. I did not use tobacco during the past 30 days	**	97.4% (±3.0)
b. I bought it in a store such as a convenience store, supermarket, discount store or gas station	**	0.0% (±0.0)
c. I bought it from a vending machine	**	0.9% (±1.7)
d. I gave someone else money to buy them for me	**	0.9% (±1.7)
e. I borrowed (or bummed) them from someone else	**	0.0% (±0.0)
f. A person 18 years old or older gave them to me	**	0.0% (±0.0)
g. I took them from a store or a family member	**	0.0% (±0.0)
h. I got them some other way	**	0.9% (±1.7)
50. How wrong do your friends feel it would be for you to: Use tobacco?	(n=0)	(n=102)
a. Very wrong	**	80.4% (±7.8)
b. Wrong	**	14.7% (±7.0)
c. A little bit wrong	**	3.9% (±3.8)
d. Not at all wrong	**	1.0% (±1.9)
51. If one of your best friends offered you a cigarette, would you smoke it?	(n=0)	(n=115)
a. Definitely no	**	90.4% (±5.5)
b. Probably no	**	6.1% (±4.4)
c. Probably yes	**	3.5% (±3.4)
d. Definitely yes	**	0.0% (±0.0)
52. Do you think that you will smoke a cigarette anytime in the next year?	(n=0)	(n=115)
a. Definitely no	**	88.7% (±5.9)
b. Probably no	**	9.6% (±5.5)
c. Probably yes	**	0.9% (±1.7)
d. Definitely yes	**	0.9% (±1.7)
53. Have made a firm commitment to not smoke cigarettes; i.e., not susceptible to smoking. (Computed from questions 51 and 52)	(n=0)	(n=115)
a. Yes, not susceptible	**	84.3% (±6.7)
b. No, susceptible	**	15.7% (±6.7)
54. Do you want to stop using tobacco right now?	(n=0)	(n=116)
a. I do not use tobacco now	**	98.3% (±2.4)
b. Yes	**	1.7% (±2.4)
c. No	**	0.0% (±0.0)
55. During the past 12 months, have you ever tried to quit using tobacco (cigarettes, cigars, chew/dip)?	(n=0)	(n=115)
a. I did not use tobacco during the past 12 months	**	98.3% (±2.4)
b. Yes	**	1.7% (±2.4)
c. No	**	0.0% (±0.0)

Other Electronic Cigarette- and Vaping-Related Questions

	Grade 6	Grade 8
	% (± CI) (n=0)	% (± CI) (n=114)
56. How old were you the first time you used an electronic cigarette, also called e-cigs or vape pens?		
a. Never have	**	93.0% (±4.8)
b. 10 or younger	**	0.0% (±0.0)
c. 11	**	0.0% (±0.0)
d. 12	**	2.6% (±3.0)
e. 13	**	4.4% (±3.8)
f. 14	**	0.0% (±0.0)
g. 15	**	0.0% (±0.0)
h. 16	**	0.0% (±0.0)
i. 17 or older	**	0.0% (±0.0)
57. During the past 30 days, what type of substances did you use in an electronic cigarette, also called e-cigs, or vape pens? Select all that apply.	(n=0)	(n=112)
a. I did not use an electronic cigarette.	**	94.6% (±4.2)
b. Liquid with nicotine in it	**	1.8% (±2.5)
c. Liquid with THC (marijuana) in it	**	0.0% (±0.0)
d. Liquid with flavor only (no nicotine or THC)	**	1.8% (±2.5)
e. Don't know	**	1.8% (±2.5)
More than one response indicated.	**	0.0% (±0.0)
58. During the past 30 days, how did you usually get your own electronic vapor products? (Choose only one answer.)	(n=0)	(n=114)
a. I did not use electronic vapor products during the past 30 days.	**	96.5% (±3.4)
b. I bought them in a store such as a convenience store, supermarket, discount store, or gas station.	**	0.9% (±1.7)
c. I got them on the Internet.	**	0.0% (±0.0)
d. I gave someone else money to buy them for me.	**	0.9% (±1.7)
e. I borrowed (or bummed) them from someone else.	**	0.0% (±0.0)
f. A person 18 years old or older gave them to me.	**	0.0% (±0.0)
g. I took them from a store or family member.	**	0.0% (±0.0)
h. I got them some other way.	**	1.8% (±2.4)
59. How much do you think people risk harming themselves if they use electronic cigarettes, also called e-cigs or vape pens regularly (almost daily)?	(n=0)	(n=115)
a. No risk	**	11.3% (±5.9)
b. Slight risk	**	7.8% (±5.0)
c. Moderate risk	**	22.6% (±7.8)
d. Great risk	**	50.4% (±9.3)
e. Not sure	**	7.8% (±5.0)

Other Alcohol-Related Questions

	Grade 6	Grade 8
	% (± CI) (n=271)	% (± CI) (n=238)
60. Think back over the last 2 weeks. How many times have you had five or more drinks in a row? (A drink is a glass of wine, a bottle of beer, a shot glass of liquor, or a mixed drink.)		
a. None	98.5% (±1.4)	98.7% (±1.4)
b. Once	0.7% (±1.0)	0.4% (±0.8)
c. Twice	0.7% (±1.0)	0.4% (±0.8)
d. 3-5 times	0.0% (±0.0)	0.4% (±0.8)
e. 6-9 times	0.0% (±0.0)	0.0% (±0.0)
f. 10 or more times	0.0% (±0.0)	0.0% (±0.0)
61. Drinking Categories Variable (Computed from questions 38 and 60)	(n=270)	(n=237)
No drinking past 30 days and no binge past 2 weeks	97.8% (±1.8)	97.0% (±2.2)
1-2 days drinking past 30 days and no binge past 2 weeks	0.7% (±1.0)	1.7% (±1.7)
3-5 days drinking past 30 days and/or 1 binge past 2 weeks	0.7% (±1.0)	0.4% (±0.8)
6+ days drinking past 30 days and/or 2+ binge past 2 weeks	0.7% (±1.0)	0.8% (±1.2)
62. During the past 30 days, what type of alcohol did you usually drink?	(n=0)	(n=104)
a. I did not drink alcohol during the past 30 days.	**	98.1% (±2.7)
b. I do not have a usual type.	**	0.0% (±0.0)
c. Beer	**	1.0% (±1.9)
d. Flavored malt beverages, such as Smirnoff Ice, Bacardi Silver, or Hard Lemonade	**	0.0% (±0.0)
e. Wine coolers, such as Bartles & Jaymes or Seagrams	**	0.0% (±0.0)
f. Wine	**	1.0% (±1.9)
g. Liquor, such as vodka, rum, scotch, bourbon or whiskey	**	0.0% (±0.0)
h. Some other type	**	0.0% (±0.0)
63. During the past 30 days, how did you get alcohol (beer, wine or hard liquor)? Choose all that apply.	(n=0)	(n=105)
a. I did not get alcohol in the past 30 days.	**	100.0% (±0.0)
b. I bought it from a store.	**	0.0% (±0.0)
c. I stole it from a store.	**	0.0% (±0.0)
d. I got it from friends.	**	0.0% (±0.0)
e. I got it at a party.	**	0.0% (±0.0)
f. I got it from an older brother or sister.	**	0.0% (±0.0)
g. I gave money to someone to get it for me.	**	0.0% (±0.0)
h. I took it from home without my parents' permission.	**	0.0% (±0.0)
i. I got it at home with my parents' permission.	**	0.0% (±0.0)
j. I got it some other way.	**	0.0% (±0.0)
64. NOT including talks on drinking and driving, in the past year have your parents or guardians talked to you about why you should not drink alcohol?	(n=0)	(n=113)
a. Yes, a number of times	**	44.2% (±9.3)
b. Yes, once	**	15.0% (±6.7)
c. No	**	24.8% (±8.1)
d. I don't remember.	**	15.9% (±6.9)

	Grade 6	Grade 8
	% (± CI) (n=0)	% (± CI) (n=121)
65. How wrong do your parents feel it would be for you to: Have one or two drinks of an alcoholic beverage nearly every day?		
a. Very wrong	**	95.0% (±3.9)
b. Wrong	**	4.1% (±3.6)
c. A little bit wrong	**	0.8% (±1.6)
d. Not wrong at all	**	0.0% (±0.0)
66. How wrong do your friends feel it would be for you to: Have one or two drinks of an alcoholic beverage nearly every day?	(n=0)	(n=102)
a. Very wrong	**	76.5% (±8.4)
b. Wrong	**	17.6% (±7.5)
c. A little bit wrong	**	2.9% (±3.3)
d. Not at all wrong	**	2.9% (±3.3)
67. Think about the students in your school. If you had to guess, how wrong do most students in your grade think it is to drink alcohol regularly?	(n=0)	(n=111)
a. Very wrong	**	27.9% (±8.5)
b. Wrong	**	36.9% (±9.1)
c. A little bit wrong	**	28.8% (±8.6)
d. Not wrong at all	**	6.3% (±4.6)
68. How much do you think people risk harming themselves if they: Have 5 or more drinks of an alcoholic beverage once or twice a week?	(n=0)	(n=114)
a. No risk	**	0.0% (±0.0)
b. Slight risk	**	8.8% (±5.3)
c. Moderate risk	**	20.2% (±7.5)
d. Great risk	**	65.8% (±8.8)
e. Not sure	**	5.3% (±4.2)
69. How do you feel about someone your age having one or two drinks of an alcoholic beverage nearly every day?	(n=0)	(n=113)
a. Neither approve nor disapprove	**	15.0% (±6.7)
b. Somewhat disapprove	**	9.7% (±5.5)
c. Strongly disapprove	**	64.6% (±9.0)
d. Don't know or can't say	**	10.6% (±5.8)

Other Marijuana-Related Questions

	(n=0)	(n=104)
70. Does anyone who lives with you now use marijuana?		
a. No	**	90.4% (±5.8)
b. Yes	**	9.6% (±5.8)

	Grade 6	Grade 8
71. During the past 30 days, if you used marijuana, how did you usually use it?	% (± CI) (n=0)	% (± CI) (n=104)
a. I did not use marijuana during the past 30 days.	**	97.1% (±3.3)
b. Smoked it (in a joint, bong, pipe, blunt)	**	1.9% (±2.7)
c. Ate it (in brownies, cakes, cookies, candy)	**	0.0% (±0.0)
d. Drank it (tea, cola, alcohol)	**	0.0% (±0.0)
e. Vaporized it	**	1.0% (±1.9)
f. Dabbed it	**	0.0% (±0.0)
g. Used it some other way	**	0.0% (±0.0)
72. If you use marijuana or hashish (weed, hash, pot) how long do you usually stay high?	(n=0)	(n=104)
a. I don't use marijuana.	**	96.2% (±3.8)
b. I usually don't get high.	**	1.9% (±2.7)
c. 1 to 2 hours	**	1.0% (±1.9)
d. 3 to 4 hours	**	1.0% (±1.9)
e. 5 to 6 hours	**	0.0% (±0.0)
f. 7 to 8 hours	**	0.0% (±0.0)
g. 9 or more hours	**	0.0% (±0.0)
73. During the past 30 days, how did you get marijuana? Choose all that apply.	(n=0)	(n=103)
a. I did not get marijuana in the past 30 days.	**	97.1% (±3.3)
b. I bought it from a store.	**	0.0% (±0.0)
c. I stole it from a store.	**	0.0% (±0.0)
d. I got it from friends.	**	1.9% (±2.7)
e. I got it at a party.	**	0.0% (±0.0)
f. I got it from an older brother or sister.	**	0.0% (±0.0)
g. I gave money to someone to get it for me.	**	1.0% (±1.9)
h. I took it from home without my parents' permission.	**	0.0% (±0.0)
i. I got it at home with my parents' permission.	**	0.0% (±0.0)
j. I got it some other way.	**	0.0% (±0.0)
74. In the past year, have your parents or guardians talked to you about why you should not use marijuana?	(n=0)	(n=112)
a. Yes, a number of times	**	45.5% (±9.4)
b. Yes, once	**	20.5% (±7.6)
c. No	**	22.3% (±7.8)
d. I don't remember.	**	11.6% (±6.0)
75. How wrong do your friends feel it would be for you to: Use marijuana?	(n=0)	(n=103)
a. Very wrong	**	76.7% (±8.3)
b. Wrong	**	12.6% (±6.5)
c. A little bit wrong	**	8.7% (±5.5)
d. Not at all wrong	**	1.9% (±2.7)

Other Alcohol- and Drug-Related Questions

	Grade 6	Grade 8
	% (± CI) (n=0)	% (± CI) (n=110)
76. How many times in the past year (12 months) have you been drunk or high at school?		
a. Never	**	98.2% (±2.5)
b. 1-2 times	**	0.9% (±1.8)
c. 3-5 times	**	0.9% (±1.8)
d. 6-9 times	**	0.0% (±0.0)
e. 10 or more times	**	0.0% (±0.0)
77. During the past 30 days, which of the following did you use on school property? Select all that apply.	(n=0)	(n=215)
a. I didn't use any of these on school property	**	95.8% (±2.7)
b. Tobacco (cigarettes, cigars, or chew/dip)	**	0.9% (±1.3)
c. Electronic cigarette, also called e-cigs, or vape pens	**	3.3% (±2.4)
d. Marijuana	**	0.0% (±0.0)
e. Alcohol (at least one drink)	**	0.0% (±0.0)
78. When you used marijuana during the past 30 days, did you ever drink alcohol at the same time?	(n=0)	(n=112)
a. I have not used marijuana in the past 30 days	**	75.0% (±8.1)
b. Yes, most of the time	**	1.8% (±2.5)
c. Yes, some of the time	**	0.0% (±0.0)
d. Yes, rarely	**	0.9% (±1.8)
e. No	**	22.3% (±7.8)
79. During the past year in school, how many times did you get information in classes about reasons not to use alcohol or drugs?	(n=255)	(n=116)
a. Never	29.4% (±5.6)	17.2% (±7.0)
b. Once	35.3% (±5.9)	33.6% (±8.7)
c. 2-3 times	25.1% (±5.4)	36.2% (±8.9)
d. 4 or more times	10.2% (±3.7)	12.9% (±6.2)
80. How wrong do your parents feel it would be for you to: Use prescription drugs not prescribed to you?	(n=0)	(n=121)
a. Very wrong	**	94.2% (±4.2)
b. Wrong	**	5.0% (±3.9)
c. A little bit wrong	**	0.8% (±1.6)
d. Not at all wrong	**	0.0% (±0.0)
81. How wrong do your friends feel it would be for you to: Use prescription drugs not prescribed to you?	(n=0)	(n=101)
a. Very wrong	**	80.2% (±7.9)
b. Wrong	**	16.8% (±7.4)
c. A little bit wrong	**	2.0% (±2.8)
d. Not at all wrong	**	1.0% (±2.0)

82. How much do you think people risk harming themselves if they: Use prescription drugs that are not prescribed to them?	Grade 6	Grade 8
	% (± CI) (n=0)	% (± CI) (n=113)
a. No risk	**	0.9% (±1.8)
b. Slight risk	**	5.3% (±4.2)
c. Moderate risk	**	17.7% (±7.1)
d. Great risk	**	67.3% (±8.8)
e. Not sure	**	8.8% (±5.3)

Other Health Concerns

Nutrition and Fitness

This section provides results regarding other health concerns including nutrition and fitness, health conditions and health care, safety, behaviors related to intentional injury, and depression. Proper nutrition and exercise are critical components of a healthy life, as is access to preventive health care. Safety-related behaviors can profoundly influence the outcome of an accident. Injury is the leading cause of death for adolescents aged 10 to 19, and violence contributes to injury-related deaths. People who are depressed experience a range of symptoms, and depression is associated with suicidal behavior.

Obese: "Obese" includes students who are in the top 5% for body mass index by age and gender based on growth charts developed by the Centers for Disease Control and Prevention (2000). "Overweight" includes students who are in the top 15% but not the top 5%.

83. Obese or overweight? (Computed from numeric responses to "How tall are you without your shoes on?" and "How much do you weigh without your shoes on?")

	(n=0)	(n=102)
Obese	**	* *
Overweight	**	* *
Normal weight	**	* *
Underweight	**	* *

Note: Results for this question are suppressed for building-level reports

84. How often do you eat dinner with your family?	(n=253)	(n=128)
a. Never	2.8% (±2.0)	5.5% (±4.0)
b. Rarely	7.9% (±3.3)	9.4% (±5.1)
c. Sometimes	10.3% (±3.8)	14.1% (±6.1)
d. Most of the time	33.6% (±5.9)	28.1% (±7.9)
e. Always	45.5% (±6.2)	43.0% (±8.7)

85. How often in the past 12 months did you or your family have to cut meal size or skip meals because there wasn't enough money for food?

	(n=0)	(n=233)
a. Almost every month	**	2.1% (±1.9)
b. Some months but not every month	**	2.1% (±1.9)
c. Only 1-2 months	**	3.9% (±2.5)
d. Did not have to skip or cut the size of meals.	**	91.8% (±3.5)

86. Did you eat breakfast today?

	(n=263)	(n=127)
a. Yes	79.8% (±4.9)	76.4% (±7.5)
b. No	20.2% (±4.9)	23.6% (±7.5)

	Grade 6	Grade 8
87. Number of servings of fruits and vegetables eaten per day (Computed from FV1 – FV6)	% (± CI) (n=0)	% (± CI) (n=121)
a. Less than 1	**	11.6% (±5.8)
b. 1 to less than 3	**	39.7% (±8.8)
c. 3 to less than 5	**	30.6% (±8.3)
d. 5 or more	**	18.2% (±7.0)
88. During the past 7 days, how many times did you drink regular soda, sports drinks (such as Gatorade) and other flavored sweetened drinks (such as Snapple or SoBe)? Do not include diet drinks.	(n=0)	(n=126)
a. 0 times	**	31.0% (±8.2)
b. 1-3 times	**	45.2% (±8.8)
c. 4-6 times	**	14.3% (±6.2)
d. 1 time per day	**	4.8% (±3.8)
e. 2 times per day	**	4.8% (±3.8)
f. 3 times per day	**	0.0% (±0.0)
g. 4 or more times per day	**	0.0% (±0.0)
89. During the past 7 days, how many times did you drink regular soda, sports drinks (such as Gatorade) and other flavored sweetened drinks (such as Snapple or SoBe) at school (including any after-school and weekend activities)? Do not include diet drinks.	(n=0)	(n=126)
a. 0 times	**	75.4% (±7.6)
b. 1-3 times	**	20.6% (±7.2)
c. 4-6 times	**	1.6% (±2.2)
d. 7-9 times	**	1.6% (±2.2)
e. 10 times or more	**	0.8% (±1.6)
90. During the past 7 days, where did you usually get the soda or other sweetened drinks that you drank at school? (Choose only one answer.)	(n=0)	(n=128)
a. I did not drink sodas, sports drinks, or other flavored drinks at school.	**	69.5% (±8.1)
b. I brought them from home.	**	13.3% (±6.0)
c. I got them from friends.	**	4.7% (±3.7)
d. I bought them at school.	**	9.4% (±5.1)
e. Other	**	3.1% (±3.1)
91. How many sodas, sports drinks (such as Gatorade) and other sweetened drinks (such as Snapple or SoBe) did you drink yesterday?	(n=262)	(n=0)
a. None	52.7% (±6.1)	**
b. 1	35.5% (±5.8)	**
c. 2	8.4% (±3.4)	**
d. 3	2.7% (±2.0)	**
e. 4 or more	0.8% (±1.1)	**
92. Did you buy sodas, sports drinks, or other flavored sweetened drinks at school yesterday?	(n=261)	(n=0)
a. I did not drink sodas, sports drinks or other flavored sweetened drinks yesterday.	42.5% (±6.0)	**
b. Yes	10.3% (±3.7)	**
c. No	47.1% (±6.1)	**

93. During the past 7 days, how many times did you eat any potato chips or similar snack foods such as corn chips or cheese puffs at school (including any after-school and weekend activities)? Do not include reduced fat or fat-free items.

	Grade 6	Grade 8
	% (± CI) (n=0)	% (± CI) (n=128)
a. 0 times	**	35.9% (±8.4)
b. 1-3 times	**	43.8% (±8.7)
c. 4-6 times	**	14.1% (±6.1)
d. 7-9 times	**	3.9% (±3.4)
e. 10 times or more	**	2.3% (±2.7)

94. During the past 7 days, where did you usually get the chips and similar snack items you ate at school? (Choose only one answer)

	(n=0)	(n=127)
a. I did not eat potato chips or similar snack foods at school.	**	33.9% (±8.3)
b. I brought them from home	**	35.4% (±8.4)
c. I got them from friends	**	4.7% (±3.7)
d. I bought them at school	**	23.6% (±7.5)
e. Other	**	2.4% (±2.7)

95. In the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increases your heart rate or makes you breathe hard some of the time.)

	(n=282)	(n=125)
a. 0 days	5.0% (±2.6)	5.6% (±4.1)
b. 1 day	2.5% (±1.8)	5.6% (±4.1)
c. 2 days	6.4% (±2.9)	3.2% (±3.1)
d. 3 days	6.7% (±2.9)	5.6% (±4.1)
e. 4 days	13.5% (±4.0)	17.6% (±6.8)
f. 5 days	18.1% (±4.5)	25.6% (±7.8)
g. 6 days	13.1% (±4.0)	11.2% (±5.6)
h. 7 days	34.8% (±5.6)	25.6% (±7.8)

96. On how many of the past 7 days did you do exercises to strengthen or tone your muscles, such as push-ups, sit-ups, or weight lifting?

	(n=0)	(n=125)
a. 0 days	**	20.8% (±7.2)
b. 1 day	**	13.6% (±6.1)
c. 2 days	**	6.4% (±4.4)
d. 3 days	**	14.4% (±6.2)
e. 4 days	**	12.0% (±5.8)
f. 5 days	**	16.8% (±6.6)
g. 6 days	**	4.8% (±3.8)
h. 7 days	**	11.2% (±5.6)

97. On average how many days a week do you walk to or from school?

	(n=286)	(n=126)
a. Never	79.0% (±4.7)	73.8% (±7.8)
b. 1-2	8.4% (±3.2)	9.5% (±5.2)
c. 3-4	4.2% (±2.3)	4.0% (±3.5)
d. I walk every day.	8.4% (±3.2)	12.7% (±5.9)

	Grade 6	Grade 8
	% (± CI) (n=285)	% (± CI) (n=126)
98. On average how many days a week do you ride a bicycle to or from school?		
a. Never	95.1% (±2.5)	92.1% (±4.8)
b. 1-2	2.8% (±1.9)	4.8% (±3.8)
c. 3-4	1.1% (±1.2)	0.0% (±0.0)
d. I bike every day.	1.1% (±1.2)	3.2% (±3.1)
99. On an average school day, how many hours do you watch TV shows or movies or stream videos (such as YouTube, Netflix, Hulu) on any electronic device (Computer, TV set, tablets or smartphone)?	(n=285)	(n=126)
a. I do not watch TV or movies on an average school day.	10.5% (±3.6)	11.9% (±5.7)
b. Less than 1 hour per day	17.5% (±4.4)	15.9% (±6.5)
c. 1 hour per day	21.4% (±4.8)	21.4% (±7.3)
d. 2 hours per day	22.8% (±4.9)	17.5% (±6.7)
e. 3 hours per day	13.0% (±3.9)	14.3% (±6.2)
f. 4 hours per day	5.3% (±2.6)	4.8% (±3.8)
g. 5 or more hours per day	9.5% (±3.4)	14.3% (±6.2)
100. On an average school day, how many hours do you play video or computer games, or use a computer for something that is not school work? (Count time spent on things such as Xbox, PlayStation, tablet or smartphone, social media).	(n=284)	(n=125)
a. I do not play video games or use a computer for something that is not school work.	20.4% (±4.7)	24.0% (±7.6)
b. Less than 1 hour per day	21.1% (±4.8)	13.6% (±6.1)
c. 1 hour per day	18.3% (±4.5)	22.4% (±7.4)
d. 2 hours per day	18.3% (±4.5)	12.8% (±5.9)
e. 3 hours per day	12.7% (±3.9)	7.2% (±4.6)
f. 4 hours per day	2.5% (±1.8)	3.2% (±3.1)
g. 5 or more hours per day	6.7% (±2.9)	16.8% (±6.6)
101. In an average week when you are in school, on how many days do you go to physical education (PE) classes?	(n=0)	(n=124)
a. 0 days	**	37.1% (±8.6)
b. 1 day	**	0.8% (±1.6)
c. 2 days	**	0.8% (±1.6)
d. 3 days	**	0.0% (±0.0)
e. 4 days	**	3.2% (±3.2)
f. 5 days	**	58.1% (±8.8)
102. During an average PE class, how many minutes do you spend actually exercising or playing sports?	(n=0)	(n=125)
a. I do not take PE	**	35.2% (±8.5)
b. Less than 10 minutes	**	0.0% (±0.0)
c. 10-20 minutes	**	3.2% (±3.1)
d. 21-30 minutes	**	25.6% (±7.8)
e. 31-40 minutes	**	12.8% (±5.9)
f. 41-50 minutes	**	16.0% (±6.5)
g. 51-60 minutes	**	4.8% (±3.8)
h. More than 60 minutes	**	2.4% (±2.7)

103. During the average week, on how many days do you participate in supervised after-school activities either at school or away from school? Include activities such as sports, art, music, dance, drama, or community service, religious, or club activities.

	Grade 6	Grade 8
	% (± CI) (n=277)	% (± CI) (n=239)
a. 0 days	39.0% (±5.8)	38.5% (±6.2)
b. 1-2 days	28.2% (±5.3)	18.8% (±5.0)
c. 3 or more days	32.9% (±5.6)	42.7% (±6.3)

Health Conditions and Health Care

104. When was the last time you saw a doctor or health care provider for a check-up or physical exam when you were not sick or injured?

	(n=0)	(n=122)
a. During the past 12 months	**	68.9% (±8.3)
b. Between 12 and 24 months ago	**	13.9% (±6.2)
c. More than 24 months ago	**	0.0% (±0.0)
d. Never	**	0.8% (±1.6)
e. Not sure	**	16.4% (±6.7)

105. Has a doctor or nurse ever told you that you have asthma?

	(n=285)	(n=125)
a. Yes	13.3% (±4.0)	20.8% (±7.2)
b. No	78.6% (±4.8)	71.2% (±8.0)
c. Not sure	8.1% (±3.2)	8.0% (±4.8)

106. Do you still have asthma?

	(n=286)	(n=124)
a. I have never had asthma.	67.5% (±5.5)	69.4% (±8.2)
b. Yes	8.0% (±3.2)	13.7% (±6.1)
c. No	15.7% (±4.2)	6.5% (±4.4)
d. Not sure	8.7% (±3.3)	10.5% (±5.5)

107. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?

	(n=0)	(n=122)
a. During the past 12 months	**	79.5% (±7.3)
b. Between 12 and 24 months ago	**	9.0% (±5.2)
c. More than 24 months ago	**	2.5% (±2.8)
d. Never	**	1.6% (±2.3)
e. Not sure	**	7.4% (±4.7)

108. During the past 12 months, how many days did you miss some school because of toothache? (Do not include toothache due to braces or injury.)

	(n=0)	(n=123)
a. None	**	91.9% (±4.9)
b. 1-4 days	**	6.5% (±4.4)
c. 5 days or more	**	0.8% (±1.6)
d. Not sure	**	0.8% (±1.6)

109. During the past year, did you miss any time from school because of toothache? (Do not include toothache due to braces or an injury.)

	(n=288)	(n=0)
a. Yes	2.8% (±1.9)	**
b. No	90.6% (±3.4)	**
c. Not sure	6.6% (±2.9)	**

	Grade 6	Grade 8
	% (± CI) (n=0)	% (± CI) (n=117)
110. On an average school night how many hours do you sleep?		
a. 5 hours or less	**	7.7% (±4.9)
b. About 6 hours	**	16.2% (±6.8)
c. About 7 hours	**	19.7% (±7.3)
d. About 8 hours	**	41.0% (±9.0)
e. 9 hours or more	**	15.4% (±6.6)
111. Do you have any physical disabilities or long-term health problems lasting or expected to last 6 months or more?	(n=0)	(n=124)
a. Yes	**	7.3% (±4.6)
b. No	**	79.8% (±7.2)
c. Not sure	**	12.9% (±6.0)
112. Do you have any long-term emotional problems or learning disabilities lasting or expected to last 6 months or more?	(n=0)	(n=122)
a. Yes	**	12.3% (±5.9)
b. No	**	77.9% (±7.5)
c. Not sure	**	9.8% (±5.4)
113. Would other people consider you to have a disability or long-term health problem including physical health, emotional, or learning problems?	(n=0)	(n=123)
a. Yes	**	10.6% (±5.5)
b. No	**	78.0% (±7.4)
c. Not sure	**	11.4% (±5.7)
114. Are you limited in any activities because of a disability or long-term health problem including physical health, emotional, or learning problems expected to last 6 months or more?	(n=0)	(n=122)
a. Yes	**	4.9% (±3.9)
b. No	**	94.3% (±4.2)
c. Not sure	**	0.8% (±1.6)

Sexual Behavior

115. Have you ever had sex? †	(n=0)	(n=112)
a. Yes	**	4.5% (±3.9)
b. No	**	95.5% (±3.9)
116. How old were you when you had sex for the first time? †	(n=0)	(n=112)
a. I have never had sex.	**	95.5% (±3.9)
b. 11 years old or younger	**	0.9% (±1.8)
c. 12 years old	**	0.9% (±1.8)
d. 13 years old	**	2.7% (±3.0)
e. 14 years old	**	0.0% (±0.0)
f. 15 years old	**	0.0% (±0.0)
g. 16 years old	**	0.0% (±0.0)
h. 17 years old or older	**	0.0% (±0.0)

	Grade 6	Grade 8
	% (± CI) (n=0)	% (± CI) (n=111)
117. With how many people have you ever had sex? †		
a. I have never had sex.	**	95.5% (±3.9)
b. 1 person	**	0.9% (±1.8)
c. 2 people	**	0.9% (±1.8)
d. 3 people	**	0.0% (±0.0)
e. 4 people	**	0.9% (±1.8)
f. 5 people	**	0.0% (±0.0)
g. 6 or more people	**	1.8% (±2.5)
118. During your life, with whom have you had sexual contact?		
Select all that apply. †	(n=0)	(n=111)
a. I have never had sexual contact	**	89.9% (±5.7)
b. Females	**	7.3% (±5.0)
c. Males	**	4.6% (±4.0)
d. Other	**	0.0% (±0.0)
119. The last time you had sex, what method(s) did you or your partner use to prevent pregnancy and/or sexually transmitted infections? Select all that you used. †	(n=0)	(n=107)
a. I have never had sex	**	96.2% (±3.7)
b. No method was used	**	1.9% (±2.6)
c. Birth control pills	**	0.0% (±0.0)
d. Condoms	**	0.9% (±1.9)
e. An IUD or implant (such as Mirena or ParaGard; Implanon or Nexplanon)	**	0.0% (±0.0)
f. A shot (such as Depo-Provera)	**	0.9% (±1.9)
g. Patch or birth control ring (such as Xulane; NuvaRing)	**	0.9% (±1.9)
h. Withdrawal or some other method	**	0.0% (±0.0)
i. Not sure	**	0.0% (±0.0)

Behaviors Related to Unintentional Injury

120. When you ride a bicycle, how often do you wear a helmet?	(n=287)	(n=0)
a. I do not ride a bicycle	12.2% (±3.8)	**
b. Never wear a helmet	10.8% (±3.6)	**
c. Rarely wear a helmet	9.4% (±3.4)	**
d. Sometimes wear a helmet	12.5% (±3.9)	**
e. Most of the time wear a helmet	20.6% (±4.7)	**
f. Always wear a helmet	34.5% (±5.5)	**
121. How good a swimmer do you think you are?	(n=287)	(n=128)
a. Good	53.3% (±5.8)	54.7% (±8.7)
b. So-so	36.6% (±5.6)	37.5% (±8.5)
c. Not good	4.2% (±2.3)	3.1% (±3.1)
d. Can't swim	5.9% (±2.7)	4.7% (±3.7)

	Grade 6	Grade 8
	% (± CI) (n=287)	% (± CI) (n=129)
122. Have you ever taken formal swimming lessons?		
a. Yes	61.0% (±5.7)	72.1% (±7.8)
b. No	31.7% (±5.4)	22.5% (±7.3)
c. Not sure	7.3% (±3.0)	5.4% (±4.0)
123. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?	(n=0)	(n=114)
a. 0 times	**	88.6% (±5.9)
b. 1 time	**	7.0% (±4.8)
c. 2-3 times	**	1.8% (±2.4)
d. 4-5 times	**	0.9% (±1.7)
e. 6 or more times	**	1.8% (±2.4)
124. In the last 30 days, have you ridden in a car driven by someone who had been drinking alcohol?	(n=256)	(n=0)
a. Yes	3.1% (±2.1)	**
b. No	87.1% (±4.1)	**
c. Not sure	9.8% (±3.7)	**
125. During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?	(n=0)	(n=112)
a. 0 times	**	100.0% (±0.0)
b. 1 time	**	0.0% (±0.0)
c. 2-3 times	**	0.0% (±0.0)
d. 4-5 times	**	0.0% (±0.0)
e. 6 or more times	**	0.0% (±0.0)
126. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been using marijuana?	(n=0)	(n=111)
a. 0 times	**	97.3% (±3.1)
b. 1 time	**	1.8% (±2.5)
c. 2-3 times	**	0.9% (±1.8)
d. 4-5 times	**	0.0% (±0.0)
e. 6 or more times	**	0.0% (±0.0)
127. During the past 30 days, how many times did you drive a car or other vehicle within three hours after using marijuana?	(n=0)	(n=111)
a. 0 times	**	99.1% (±1.8)
b. 1 time	**	0.0% (±0.0)
c. 2-3 times	**	0.9% (±1.8)
d. 4-5 times	**	0.0% (±0.0)
e. 6 or more times	**	0.0% (±0.0)
128. During the past 30 days, did you ride in a car or other vehicle driven by someone who was texting or emailing?	(n=283)	(n=0)
a. Yes	19.4% (±4.6)	**
b. No	61.5% (±5.7)	**
c. Not sure	19.1% (±4.6)	**

	Grade 6	Grade 8
129. During the past 30 days, how many days did you text or email while driving a car or other vehicle?	% (± CI) (n=0)	% (± CI) (n=237)
a. I did not drive a car or other vehicle during the past 30 days.	**	86.5% (±4.4)
b. 0 days	**	9.7% (±3.8)
c. 1 or 2 days	**	0.8% (±1.2)
d. 3 to 5 days	**	1.3% (±1.4)
e. 6 to 9 days	**	0.8% (±1.2)
f. 10 to 19 days	**	0.8% (±1.2)
g. 20 to 29 days	**	0.0% (±0.0)
h. All 30 days	**	0.0% (±0.0)

Behaviors Related to Intentional Injury

130. During the past 30 days, on how many days did you: Carry a weapon such as a gun, knife, or club on school property?	(n=273)	(n=240)
a. 0 days	100.0% (±0.0)	99.2% (±1.2)
b. 1-5 days	0.0% (±0.0)	0.8% (±1.2)
c. 6 or more days	0.0% (±0.0)	0.0% (±0.0)

131. During the past 12 months, how many times were you in a physical fight?	(n=274)	(n=240)
a. 0 times	78.5% (±4.9)	82.9% (±4.8)
b. 1 time	12.4% (±3.9)	10.8% (±4.0)
c. 2-3 times	5.1% (±2.6)	5.0% (±2.8)
d. 4-5 times	1.1% (±1.2)	0.0% (±0.0)
e. 6 or more times	2.9% (±2.0)	1.3% (±1.4)

132. A gang is a group of people with a leader who act together often for violent or illegal activities. During the past 12 months, have you been a member of a gang?	(n=0)	(n=240)
a. No	**	95.8% (±2.5)
b. Yes	**	4.2% (±2.5)

133. Are there gangs at your school?	(n=0)	(n=241)
a. No	**	28.6% (±5.7)
b. Yes	**	11.6% (±4.1)
c. Don't know	**	59.8% (±6.2)

Physical, Emotional and Sexual Abuse

134. Not counting TV, movies, video games, and sporting events, have you seen an adult hit, slap, punch, shove, kick, or otherwise physically hurt another adult more than one time?	(n=0)	(n=116)
a. No	**	83.6% (±6.8)
b. Yes	**	16.4% (±6.8)

	Grade 6	Grade 8
	% (± CI) (n=0)	% (± CI) (n=115)
135. Has an adult ever physically hurt you on purpose (like pushed, slapped, hit, kicked or punched you), leaving a mark, bruise or injury?		
a. No	**	81.7% (±7.2)
b. Yes	**	18.3% (±7.2)
136. How often does a parent or adult in your home swear at you, insult you, put you down or humiliate you?	(n=0)	(n=114)
a. Never or almost never	**	68.4% (±8.7)
b. Sometimes	**	23.7% (±7.9)
c. Often	**	5.3% (±4.2)
d. Very often	**	2.6% (±3.0)
137. During the past 12 months, did someone you were dating or going out with ever limit your activities, threaten you, or make you feel unsafe in any other way?	(n=0)	(n=115)
a. I did not date or go out with anyone during the past 12 months.	**	76.5% (±7.9)
b. No	**	20.9% (±7.5)
c. Yes	**	2.6% (±3.0)
138. In the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)	(n=0)	(n=115)
a. I did not date or go out with anyone during the past 12 months.	**	73.9% (±8.1)
b. 0 times	**	23.5% (±7.9)
c. 1 time	**	0.9% (±1.7)
d. 2 or 3 times	**	1.7% (±2.4)
e. 4 or 5 times	**	0.0% (±0.0)
f. 6 or more times	**	0.0% (±0.0)
139. Have you ever seen someone about your age pressure someone else to kiss, touch, or have sex when they did not want to? †	(n=0)	(n=110)
a. Yes	**	24.5% (±8.2)
b. No	**	75.5% (±8.2)
140. Have you ever been in a situation where someone made you engage in kissing, sexual touch or intercourse when you did not want to? †	(n=0)	(n=108)
a. Yes	**	8.3% (±5.3)
b. No	**	91.7% (±5.3)

Mental Health

141. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?	(n=0)	(n=243)
a. Yes	**	22.6% (±5.3)
b. No	**	77.4% (±5.3)

	Grade 6	Grade 8
142. During the past 12 months, did you ever seriously consider attempting suicide?	% (± CI) (n=0)	% (± CI) (n=241)
a. Yes	**	11.6% (±4.1)
b. No	**	88.4% (±4.1)
143. During the past 12 months, did you make a plan about how you would attempt suicide?	(n=0)	(n=127)
a. Yes	**	11.8% (±5.7)
b. No	**	88.2% (±5.7)
144. During the past 12 months, how many times did you actually attempt suicide?	(n=0)	(n=129)
a. 0 times	**	92.2% (±4.7)
b. 1 time	**	4.7% (±3.7)
c. 2-3 times	**	3.1% (±3.0)
d. 4-5 times	**	0.0% (±0.0)
e. 6 or more times	**	0.0% (±0.0)
145. Have you ever seriously thought about killing yourself?	(n=266)	(n=0)
a. Yes	15.8% (±4.4)	**
b. No	84.2% (±4.4)	**
146. Have you ever tried to kill yourself?	(n=267)	(n=0)
a. Yes	4.1% (±2.4)	**
b. No	95.9% (±2.4)	**
147. How often over the last 2 weeks, were you bothered by: Feeling nervous, anxious or on edge?	(n=0)	(n=226)
a. Not at all	**	47.8% (±6.6)
b. Several days	**	28.3% (±5.9)
c. More than half the days	**	10.2% (±4.0)
d. Nearly every day	**	13.7% (±4.5)
148. How often over the last 2 weeks, were you bothered by: Not being able to stop or control worrying?	(n=0)	(n=225)
a. Not at all	**	56.0% (±6.5)
b. Several days	**	24.4% (±5.7)
c. More than half the days	**	8.0% (±3.6)
d. Nearly every day	**	11.6% (±4.2)
149. When you feel sad or hopeless, are there adults that you can turn to for help?	(n=265)	(n=128)
a. I never feel sad or hopeless.	24.5% (±5.2)	30.5% (±8.1)
b. Yes	51.3% (±6.1)	47.7% (±8.8)
c. No	11.3% (±3.8)	7.8% (±4.7)
d. Not sure	12.8% (±4.1)	14.1% (±6.1)

	Grade 6	Grade 8
150. If you feel sad or hopeless almost every day for two weeks or more in a row, to whom would you most likely turn for help? (Check all that apply)	% (± CI) (n=0)	% (± CI) (n=149)
a. Sibling or cousin	**	21.2% (±8.0)
b. Teacher, school counselor, or other adult in my school	**	8.7% (±5.5)
c. Friend or peer	**	28.8% (±8.9)
d. Parent/Guardian	**	42.3% (±9.7)
e. Adult friend or adult relative that is not my parent/guardian	**	7.7% (±5.2)
f. Religious/faith leader	**	2.9% (±3.3)
g. I don't have anyone I would talk to.	**	8.7% (±5.5)
h. I have not felt sad or hopeless for two weeks or more in a row.	**	23.1% (±8.2)
151. Last year, did you hear or see information at your school about the warning signs of suicide and how to get help for yourself or a friend?	(n=0)	(n=113)
a. Yes	**	79.6% (±7.5)
b. No	**	8.8% (±5.3)
c. Not sure	**	11.5% (±6.0)

School Climate

In the past few years Washington State has given increased attention to supportive learning environments. Students need a safe, nurturing, healthy, and civil learning environment if they are to be successful in school. This section provides information about student perceptions of school climate.

152. In the last 30 days, how often have you been bullied? Bullying is when one or more students threaten, spread rumors about, hit, shove, or otherwise hurt another student over and over again. It is not bullying when two students of about the same strength or power argue or fight or tease each other in a friendly way.	(n=275)	(n=248)
a. I have not been bullied.	76.0% (±5.1)	77.8% (±5.2)
b. Once	14.9% (±4.2)	8.9% (±3.6)
c. 2 – 3 times	5.8% (±2.8)	7.3% (±3.3)
d. About once a week	1.8% (±1.6)	3.2% (±2.2)
e. Several times a week	1.5% (±1.4)	2.8% (±2.1)
153. In the past 30 days, how often were you bullied, harassed, or intimidated at school or on your way to or from school because of your race, ethnicity, or national origin or what someone thought it was?	(n=0)	(n=122)
a. 0 times	**	91.0% (±5.2)
b. 1 time	**	4.1% (±3.6)
c. 2-3 times	**	0.8% (±1.6)
d. About once a week	**	0.0% (±0.0)
e. Several times a week or more	**	4.1% (±3.6)

154. In the past 30 days, how often were you bullied, harassed, or intimidated at school or on your way to or from school: Because someone thought you were gay, lesbian, or bisexual (whether you are or are not)?	Grade 6	Grade 8
	% (± CI) (n=0)	% (± CI) (n=122)
a. 0 times	**	86.1% (±6.2)
b. 1 time	**	6.6% (±4.5)
c. 2-3 times	**	2.5% (±2.8)
d. About once a week	**	0.8% (±1.6)
e. Several times a week or more	**	4.1% (±3.6)
155. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to and from school?	(n=0)	(n=117)
a. 0 days	**	88.0% (±6.0)
b. 1 day	**	6.8% (±4.6)
c. 2 or 3 days	**	2.6% (±2.9)
d. 4 or 5 days	**	0.9% (±1.7)
e. 6 or more days	**	1.7% (±2.4)
156. In the past 30 days, how often have you been bullied by someone using social media, a phone, or video games?	(n=0)	(n=122)
a. I have not been bullied.	**	84.4% (±6.5)
b. Once	**	5.7% (±4.2)
c. 2 - 3 times	**	5.7% (±4.2)
d. About once a week	**	0.8% (±1.6)
e. Several times a week	**	3.3% (±3.2)
157. During the past 30 days, have you received sexually suggestive or revealing messages, images, photos or videos via text, app, or social media?	(n=0)	(n=120)
a. Yes	**	15.0% (±6.5)
b. No	**	85.0% (±6.5)
158. When a student is being bullied at school, how often do teachers or other adults at school try to put a stop to it?	(n=0)	(n=117)
a. Almost always	**	18.8% (±7.2)
b. Often	**	33.3% (±8.7)
c. Sometimes	**	28.2% (±8.3)
d. Once in a while	**	12.0% (±6.0)
e. Almost never	**	7.7% (±4.9)
159. If you see bullying or have been bullied at school do you know how to report it?	(n=0)	(n=122)
a. Yes	**	81.1% (±7.0)
b. No	**	8.2% (±4.9)
c. Not sure	**	10.7% (±5.6)
160. Does your school provide a counselor, intervention specialist, or other school staff member for students to discuss problems with alcohol, tobacco, or other drugs?	(n=0)	(n=112)
a. No	**	17.9% (±7.2)
b. Yes	**	47.3% (±9.4)
c. Not sure	**	34.8% (±9.0)

	Grade 6	Grade 8
161. In the last year, did you have any contact with a school counselor?	% (± CI) (n=0)	% (± CI) (n=114)
a. Yes	**	67.5% (±8.7)
b. No	**	32.5% (±8.7)
162. There are people in this school who will help me if I need it?	(n=0)	(n=113)
a. Yes	**	70.8% (±8.5)
b. No	**	7.1% (±4.8)
c. Not sure	**	22.1% (±7.8)
163. Last year in school, were you taught about abstinence (not having sex) to prevent sexually transmitted diseases (STDs) and pregnancy?	(n=0)	(n=112)
a. Yes	**	84.8% (±6.7)
b. No	**	7.1% (±4.8)
c. Not sure	**	8.0% (±5.1)
164. Last year in school, were you taught about ways other than abstinence to prevent sexually transmitted diseases (STDs) and pregnancy?	(n=0)	(n=111)
a. Yes	**	76.6% (±8.0)
b. No	**	9.9% (±5.6)
c. Not sure	**	13.5% (±6.5)

Quality of Life

Health-related quality of life is an individual's or group's perceived physical and mental health over time. At the individual level it involves a person's health and health-related conditions; at the community level it involves conditions that influence people's health. This section contains the results of the survey questions related to individual quality of life.

165. I look forward to the future.	(n=0)	(n=118)
a. 0 not at all true	**	5.1% (±4.0)
b. 1	**	2.5% (±2.9)
c. 2	**	1.7% (±2.4)
d. 3	**	2.5% (±2.9)
e. 4	**	0.8% (±1.7)
f. 5	**	10.2% (±5.5)
g. 6	**	7.6% (±4.9)
h. 7	**	11.9% (±5.9)
i. 8	**	15.3% (±6.6)
j. 9	**	5.9% (±4.3)
k. 10 completely true	**	36.4% (±8.8)
166. Do you have goals and plans for the future?	(n=285)	(n=0)
a. No	14.7% (±4.1)	**
b. Yes	85.3% (±4.1)	**

Children's Hope Scale

Hope reflects a future orientated mindset and motivational process by which an individual has an expectation toward attaining a desirable goal. Research has linked hope with overall physical, psychological, and social well-being. This section introduces the Children's Hope Scale, an assessment of agency (ability to initiate and sustain action towards goals) and pathways (capacity to find a means to carry out goals).

	Grade 6	Grade 8
	% (± CI) (n=0)	% (± CI) (n=111)
167. Children's Hope Scale (Computed from questions 168 to 171)		
no or very low hope	**	4.5% (±3.9)
slightly hopeful	**	9.0% (±5.4)
moderately hopeful	**	24.3% (±8.1)
highly hopeful	**	62.2% (±9.2)
168. I can think of many ways to get the things in life that are most important to me.	(n=0)	(n=114)
a. None of the time	**	3.5% (±3.4)
b. A little of the time	**	6.1% (±4.5)
c. Some of the time	**	21.1% (±7.6)
d. A lot of the time	**	17.5% (±7.1)
e. Most of the time	**	33.3% (±8.8)
f. All of the time	**	18.4% (±7.2)
169. I am doing just as well as other kids my age.	(n=0)	(n=114)
a. None of the time	**	2.6% (±3.0)
b. A little of the time	**	6.1% (±4.5)
c. Some of the time	**	9.6% (±5.5)
d. A lot of the time	**	10.5% (±5.7)
e. Most of the time	**	37.7% (±9.0)
f. All of the time	**	33.3% (±8.8)
170. When I have a problem, I can come up with lots of ways to solve it.	(n=0)	(n=114)
a. None of the time	**	6.1% (±4.5)
b. A little of the time	**	7.9% (±5.0)
c. Some of the time	**	15.8% (±6.8)
d. A lot of the time	**	18.4% (±7.2)
e. Most of the time	**	41.2% (±9.2)
f. All of the time	**	10.5% (±5.7)
171. I think the things I have done in the past will help me in the future.	(n=0)	(n=113)
a. None of the time	**	8.0% (±5.1)
b. A little of the time	**	11.5% (±6.0)
c. Some of the time	**	13.3% (±6.4)
d. A lot of the time	**	21.2% (±7.7)
e. Most of the time	**	31.9% (±8.7)
f. All of the time	**	14.2% (±6.5)

Risk and Protective Factors

Decades of research have shown that certain risk factors are associated with increased likelihood of health risk behaviors including ATOD use, violence, and delinquent behaviors. Similarly, research from Drs. Hawkins and Catalano and associates at the University of Washington, has shown that protective factors exert a positive influence against the negative influence of risk factors. The premise of the risk reduction and protective factor enhancement approach to prevention is that preventing a problem before it occurs requires addressing the factors that predict the problem. Ideally, this strategy entails discovering the causes of the problem behavior and influencing those causes. Many of the survey questions were used to assess students' status on risk and protective factors in the community, school, and peer-individual domains. Composite scales were computed for use in local program planning.

Risk and Protective Factor Framework and Reporting Schedule

This table provides a list of risk and protective factors included in the Healthy Youth Survey by year.

	2006	2008	2010	2012	2014	2016	2018
Community Protective Factors							
Opportunities for Prosocial Involvement	X ^S	X ^S	X ^S	X ^S	X ^S	X ^S	X ^S
Rewards for Prosocial Involvement	X	X	X ^E	X ^E	X ^E	X ^E	X ^E
Community Risk Factors							
Perceived Availability of Handguns	X ^S	X ^S	X ^S	X ^S			X ^S
Laws And Norms Favorable to Drug Use	X	X	X	X	X	X	X
Low Neighborhood Attachment	X ^S	X ^S	X ^S				
Perceived Availability of Drugs	X	X	X	X	X	X	X
Family Protective Factors							
Opportunities for Prosocial Involvement	X [†]	X [†]	X [†]	X [†]	X	X	X
Rewards for Prosocial Involvement	X [†]	X [†]	X [†]	X [†]	X ^E	X ^E	X ^E
Family Risk Factors							
Poor Family Management	X ^{S, †}	X ^{S, †}	X ^{S, †}	X ^{S, †}	X ^S	X ^S	X ^S
Parental Attitudes Favorable towards Drug Use		X ^{S, †}	X ^S	X ^S	X ^S	X ^S	X ^S
Peer-Individual Protective Factors							
Social Skills	X ^S	X ^S	X ^S	X ^S	X ^S	X ^S	X ^S
Interaction With Prosocial Peers	X	X	X ^S	X ^S	X ^S	X ^S	
Belief in the Moral Order	X ^S	X ^S	X ^S	X ^S	X ^S	X ^S	
Prosocial Involvement	X	X ^E	X ^E	X ^E	X ^E	X ^E	
Peer-Individual Risk Factors							
Perceived Risk of Drug Use	X	X	X	X	X	X	X
Early Initiation of Drug Use	X ^S	X ^S	X ^S	X ^S	X ^S	X ^S	X ^S
Early Initiation of Antisocial Behavior	X ^S	X ^S	X ^S	X ^S			
Favorable Attitudes Towards Drug Use	X	X	X	X	X	X	X
Favorable Attitudes Towards Antisocial Behavior	X ^S	X ^S	X ^S				
Rewards for Antisocial Involvement	X ^S	X ^S					
Friends' Use of Drugs	X ^S	X ^S	X ^S	X ^S	X ^S	X ^S	X ^S
Interaction With Antisocial Peers	X ^S	X ^S	X ^S	X ^S			
Intentions to Use	X ^S	X ^S	X ^S	X ^S			
School Protective Factors							
Opportunities for Prosocial Involvement	X ^S	X ^S	X ^S	X ^S	X ^S	X ^S	X ^S
Rewards for Prosocial Involvement	X	X	X	X	X	X	X
School Risk Factors							
Low Commitment to School	X	X	X	X	X	X	X
Academic Failure	X	X	X	X	X	X	X

Note: X^S = Included only on the secondary version; X^E = Included only on the elementary version.

Risk and Protective Factor Scale Results and Graphs

For each risk factor scale, the percentage of students who are at risk (i.e., who agreed with statements that predict ATOD use or other problem behaviors) is reported; higher percentages indicate that more students are likely to engage in problem behaviors. For each protective factor scale, the percentage of students who are resilient (i.e., who agreed with statements that predict the ability to resist ATOD use or other problem behaviors) is reported; higher percentages indicate that fewer students are likely to engage in problem behaviors. These percentages are based on computational methods provided by the University of Washington's Social Development Research Group.

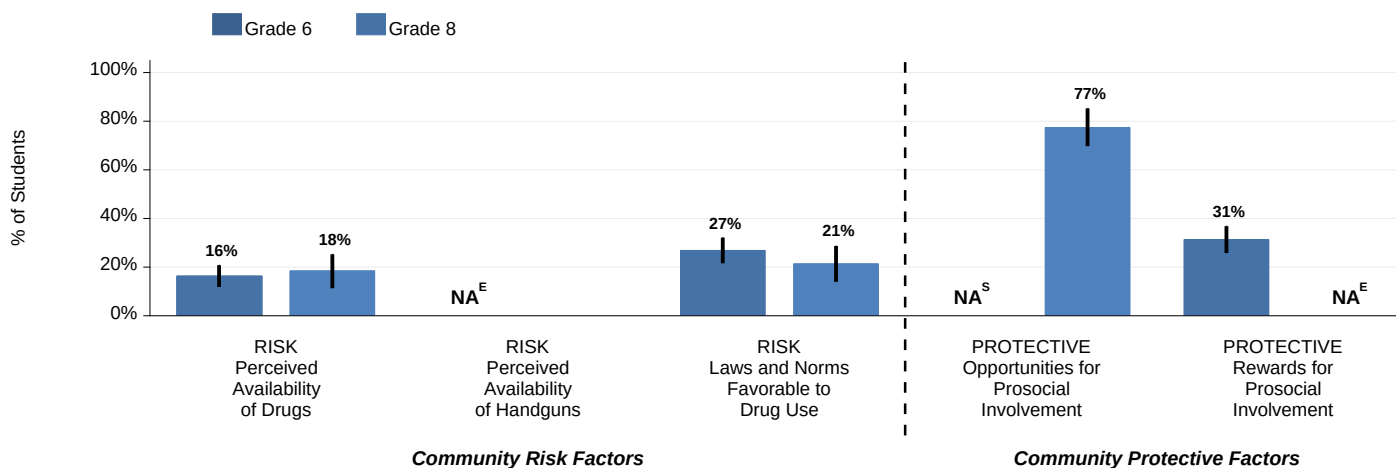
Community Domain

Risk Factors

	Grade 6 % ($\pm$ CI) (n=263)	Grade 8 % ($\pm$ CI) (n=120)
Perceived Availability of Drugs (Questions 170-173)	16.3% ($\pm$ 4.5)	18.3% ($\pm$ 7.0)
Perceived Availability of Handguns (Question 174)	NA ^E	
Laws And Norms Favorable to Drug Use (Questions 175-180)	(n=276) 26.8% ($\pm$ 5.3)	(n=122) 21.3% ($\pm$ 7.4)

Protective Factors

Opportunities for Prosocial Involvement (Questions 181-184)	NA ^S	(n=115) 77.4% ($\pm$ 7.8)
Rewards for Prosocial Involvement (Questions 185-187)	(n=281) 31.3% ($\pm$ 5.5)	NA ^E

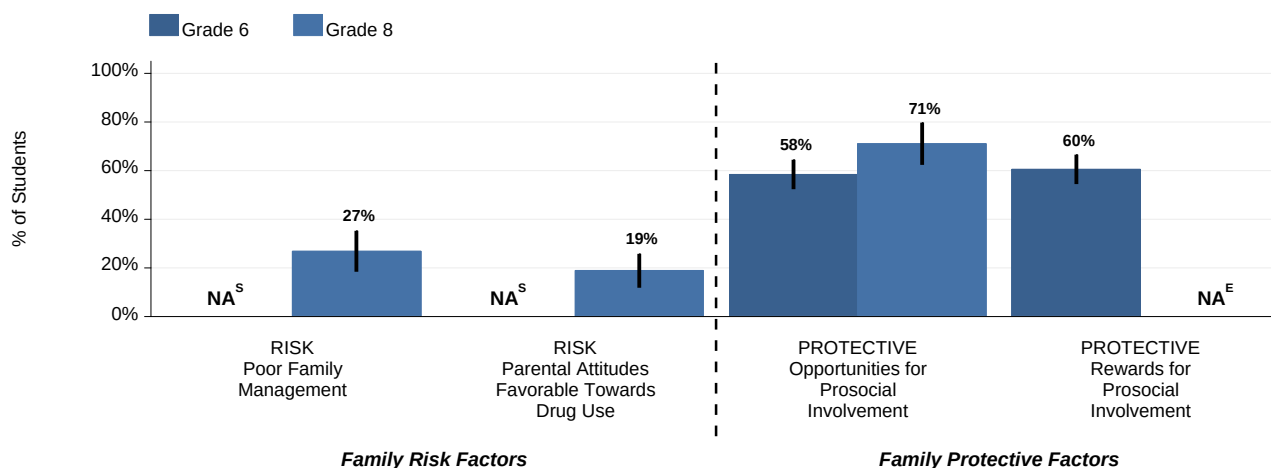


Note: NA^S = Included only on the secondary version; NA^E = Included only on the elementary version.

For more information, see the History of Risk and Protective Factor Report on www.AskHYS.net, under Survey Results – Additional Reports

Family Domain**Risk Factors**

	Grade 6 % ($\pm$ CI)	Grade 8 % ($\pm$ CI)
Poor Family Management (Questions 188-195)	NA ^S	(n=108) 26.9% ($\pm$ 8.5)
Parental Attitudes Favorable Towards Drug Use (Questions 203-205)	NA ^S	(n=122) 18.9% ($\pm$ 7.0)
Protective Factors		
Opportunities for Prosocial Involvement (Questions 196–198)	(n=260) 58.5% ($\pm$ 6.0)	(n=110) 70.9% ($\pm$ 8.6)
Rewards for Prosocial Involvement (Questions 199–202)	(n=255) 60.4% ($\pm$ 6.0)	NA ^E

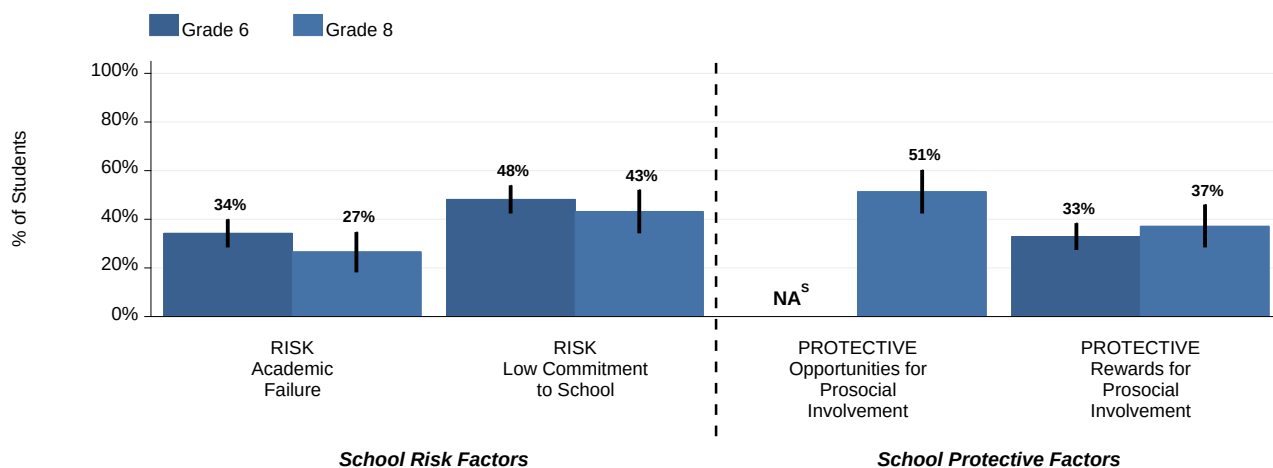


School Domain**Risk Factors**

	Grade 6 % ($\pm$ CI) (n=261)	Grade 8 % ($\pm$ CI) (n=113)
Academic Failure (Questions 206–207)	34.1% ($\pm$ 5.8)	26.5% ($\pm$ 8.3)
Low Commitment to School (Questions 208–214)	48.1% ($\pm$ 5.8)	43.1% ($\pm$ 8.9)

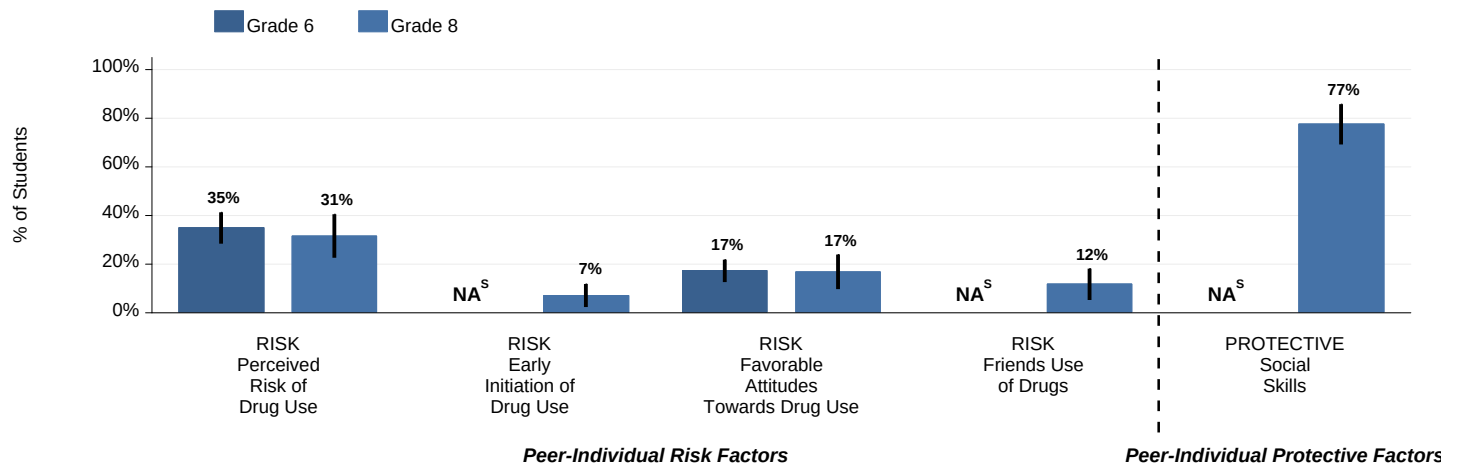
Protective Factors

Opportunities for Prosocial Involvement (Questions 215–219)	NA ^s (n=283)	(n=121) 51.2% ($\pm$ 9.0)
Rewards for Prosocial Involvement (Questions 220–223)	32.9% ($\pm$ 5.5)	(n=121) 37.2% ($\pm$ 8.7)



Peer-Individual Domain**Risk Factors**

	Grade 6 % (±CI) (n=212)	Grade 8 % (±CI) (n=108)
Perceived Risk of Drug Use (Questions 224–227)	34.9% (±6.5)	31.5% (±8.9)
Early Initiation of Drug Use (Questions 228-231)	NA ^S	(n=113) 7.1% (±4.8)
Favorable Attitudes Towards Drug Use (Questions 232-235)	(n=261) 17.2% (±4.6)	(n=113) 16.8% (±7.0)
Friends' Use of Drugs (Questions 236-239)	NA ^S	(n=102) 11.8% (±6.4)
Protective Factors		
Social Skills (Questions 240-242)	NA ^S	(n=102) 77.5% (±8.2)



Risk and Protective Factors: Individual Question Results

The remainder of the report provides results for the individual survey questions used to compute the risk and protective factors.

Community Domain

Perceived Availability of Drugs (Questions 172-175)

	Grade 6	Grade 8
	% (± CI) (n=265)	% (± CI) (n=119)
172. If you wanted to get some beer, wine, or hard liquor (for example vodka, whiskey, or gin), how easy would it be for you to get some?		
a. Very hard	69.8% (±5.6)	42.0% (±9.0)
b. Sort of hard	16.2% (±4.5)	26.1% (±8.0)
c. Sort of easy	10.2% (±3.7)	21.0% (±7.4)
d. Very easy	3.8% (±2.3)	10.9% (±5.7)
173. If you wanted to get some cigarettes, how easy would it be for you to get some?	(n=264)	(n=119)
a. Very hard	78.4% (±5.0)	56.3% (±9.0)
b. Sort of hard	12.1% (±4.0)	23.5% (±7.7)
c. Sort of easy	6.4% (±3.0)	13.4% (±6.2)
d. Very easy	3.0% (±2.1)	6.7% (±4.6)
174. If you wanted to get some marijuana, how easy would it be for you to get some?	(n=258)	(n=121)
a. Very hard	87.2% (±4.1)	62.0% (±8.8)
b. Sort of hard	7.0% (±3.1)	23.1% (±7.6)
c. Sort of easy	3.1% (±2.1)	8.3% (±5.0)
d. Very easy	2.7% (±2.0)	6.6% (±4.5)
175. If you wanted to get a drug like cocaine, LSD, or amphetamines, how easy would it be for you to get some?	(n=263)	(n=121)
a. Very hard	91.6% (±3.4)	82.6% (±6.8)
b. Sort of hard	4.9% (±2.6)	11.6% (±5.8)
c. Sort of easy	2.3% (±1.8)	5.8% (±4.2)
d. Very easy	1.1% (±1.3)	0.0% (±0.0)

Perceived Availability of Hand Guns (Question 176)

	(n=0)	(n=122)
176. If you wanted to get a handgun, how easy would it be for you to get one?		
a. Very hard	**	76.2% (±7.7)
b. Sort of hard	**	14.8% (±6.4)
c. Sort of easy	**	7.4% (±4.7)
d. Very easy	**	1.6% (±2.3)

Laws and Norms Favorable to Drug Use (Questions 177-182)

	Grade 6	Grade 8
	% (± CI) (n=266)	% (± CI) (n=121)
177. How wrong would most adults in your neighborhood^C/ neighborhood or community^A think it was for kids your age: To use marijuana?		
a. Very wrong	85.0% (±4.3)	66.9% (±8.5)
b. Wrong	9.0% (±3.5)	26.4% (±8.0)
c. A little bit wrong	3.0% (±2.1)	4.1% (±3.6)
d. Not wrong at all	3.0% (±2.1)	2.5% (±2.8)
178. How wrong would most adults in your neighborhood^C/ neighborhood or community^A think it was for kids your age: To drink alcohol?	(n=273)	(n=121)
a. Very wrong	82.8% (±4.5)	59.5% (±8.9)
b. Wrong	11.4% (±3.8)	32.2% (±8.4)
c. A little bit wrong	3.3% (±2.1)	5.8% (±4.2)
d. Not wrong at all	2.6% (±1.9)	2.5% (±2.8)
179. How wrong would most adults in your neighborhood^C/ neighborhood or community^A think it was for kids your age: To smoke cigarettes?	(n=273)	(n=121)
a. Very wrong	85.0% (±4.3)	71.1% (±8.2)
b. Wrong	8.8% (±3.4)	23.1% (±7.6)
c. A little bit wrong	2.9% (±2.0)	4.1% (±3.6)
d. Not wrong at all	3.3% (±2.1)	1.7% (±2.3)
180. If a kid drank some beer, wine, or hard liquor (for example vodka, whiskey, or gin) in your neighborhood^C/ community^A, would he or she be caught by the police?	(n=259)	(n=119)
a. NO!	6.6% (±3.0)	13.4% (±6.2)
b. No	25.1% (±5.3)	48.7% (±9.1)
c. yes	34.7% (±5.8)	23.5% (±7.7)
d. YES!	33.6% (±5.8)	14.3% (±6.4)
181. If a kid carried a handgun in your neighborhood^C/ community^A, would he or she be caught by the police?	(n=265)	(n=118)
a. NO!	6.0% (±2.9)	4.2% (±3.7)
b. No	9.1% (±3.5)	11.9% (±5.9)
c. yes	25.3% (±5.3)	40.7% (±9.0)
d. YES!	59.6% (±5.9)	43.2% (±9.1)
182. If a kid used marijuana in your neighborhood^C/ community^A, would he or she be caught by the police?	(n=257)	(n=118)
a. NO!	5.4% (±2.8)	12.7% (±6.1)
b. No	21.0% (±5.0)	33.9% (±8.7)
c. yes	34.6% (±5.9)	33.9% (±8.7)
d. YES!	38.9% (±6.0)	19.5% (±7.3)

Opportunities for Prosocial Involvement (Questions 183-186)

	Grade 6	Grade 8
	% (± CI) (n=0)	% (± CI) (n=119)
183. There are adults in my neighborhood or community I could talk to about something important.		
a. NO!	**	9.2% (±5.3)
b. No	**	14.3% (±6.4)
c. yes	**	41.2% (±9.0)
d. YES!	**	35.3% (±8.7)

Which of the following activities for people your age are available in your community?

184. Sports teams and recreation	(n=0)	(n=121)
a. Yes	**	89.3% (±5.6)
b. No	**	10.7% (±5.6)
185. Scouts, Camp Fire, 4-H Clubs, or other service clubs	(n=0)	(n=119)
a. Yes	**	79.0% (±7.4)
b. No	**	21.0% (±7.4)
186. Boys and Girls Club, YMCA, or other activity clubs	(n=0)	(n=121)
a. Yes	**	83.5% (±6.7)
b. No	**	16.5% (±6.7)

Rewards for Prosocial Involvement (Questions 187-189)

187. My neighbors notice when I am doing a good job and let me know.	(n=279)	(n=0)
a. NO!	47.0% (±5.9)	**
b. No	32.3% (±5.5)	**
c. yes	18.3% (±4.6)	**
d. YES!	2.5% (±1.8)	**
188. There are people in my neighborhood who encourage me to do my best.	(n=280)	(n=0)
a. NO!	29.3% (±5.4)	**
b. No	33.6% (±5.6)	**
c. yes	26.4% (±5.2)	**
d. YES!	10.7% (±3.6)	**
189. There are people in my neighborhood or community who are proud of me when I do something well.	(n=278)	(n=0)
a. NO!	31.3% (±5.5)	**
b. No	29.5% (±5.4)	**
c. yes	29.1% (±5.4)	**
d. YES!	10.1% (±3.6)	**

Family Domain**Poor Family Management (Questions 190-197)**

	Grade 6	Grade 8
	% (± CI) (n=0)	% (± CI) (n=113)
190. My parents ask if I've gotten my homework done.		
a. NO!	**	4.4% (±3.9)
b. No	**	9.7% (±5.5)
c. yes	**	33.6% (±8.8)
d. YES!	**	52.2% (±9.4)
191. Would your parents know if you did not come home on time?	(n=0)	(n=109)
a. NO!	**	2.8% (±3.1)
b. No	**	10.1% (±5.7)
c. yes	**	37.6% (±9.2)
d. YES!	**	49.5% (±9.5)
192. When I am not at home, one of my parents knows where I am and who I am with.	(n=0)	(n=113)
a. NO!	**	2.7% (±3.0)
b. No	**	6.2% (±4.5)
c. yes	**	36.3% (±9.0)
d. YES!	**	54.9% (±9.3)
193. The rules in my family are clear.	(n=0)	(n=111)
a. NO!	**	4.5% (±3.9)
b. No	**	6.3% (±4.6)
c. yes	**	35.1% (±9.0)
d. YES!	**	54.1% (±9.4)
194. My family has clear rules about alcohol and drug use.	(n=0)	(n=110)
a. NO!	**	0.9% (±1.8)
b. No	**	9.1% (±5.5)
c. yes	**	24.5% (±8.2)
d. YES!	**	65.5% (±9.0)
195. If you drank some beer, wine, or liquor (for example vodka, whiskey, or gin) without your parent's permission, would you be caught by them?	(n=0)	(n=107)
a. NO!	**	5.6% (±4.4)
b. No	**	19.6% (±7.6)
c. yes	**	25.2% (±8.4)
d. YES!	**	49.5% (±9.6)
196. If you carried a handgun without your parent's permission, would you be caught by them?	(n=0)	(n=108)
a. NO!	**	6.5% (±4.7)
b. No	**	8.3% (±5.3)
c. yes	**	16.7% (±7.1)
d. YES!	**	68.5% (±8.9)

	Grade 6	Grade 8
197. If you skipped school, would you be caught by your parents?	% (± CI) (n=0)	% (± CI) (n=109)
a. NO!	**	6.4% (±4.7)
b. No	**	4.6% (±4.0)
c. yes	**	16.5% (±7.1)
d. YES!	**	72.5% (±8.5)

Opportunities for Prosocial Involvement (Questions 198-200)

198. If I had a personal problem, I could ask my mom or dad for help.	(n=260)	(n=111)
a. NO!	6.2% (±2.9)	9.0% (±5.4)
b. No	5.8% (±2.9)	11.7% (±6.1)
c. yes	26.2% (±5.4)	33.3% (±8.9)
d. YES!	61.9% (±5.9)	45.9% (±9.4)

199. My parents give me lots of chances to do fun things with them.	(n=261)	(n=110)
a. NO!	4.6% (±2.6)	5.5% (±4.3)
b. No	11.5% (±3.9)	15.5% (±6.9)
c. yes	42.9% (±6.0)	34.5% (±9.0)
d. YES!	41.0% (±6.0)	44.5% (±9.4)

200. My parents ask me what I think before most family decisions affecting me are made.	(n=259)	(n=107)
a. NO!	10.0% (±3.7)	8.4% (±5.3)
b. No	19.3% (±4.8)	20.6% (±7.8)
c. yes	41.3% (±6.0)	37.4% (±9.3)
d. YES!	29.3% (±5.6)	33.6% (±9.1)

Rewards for Prosocial Involvement (Questions 201-204)

201. My parents notice when I am doing a good job and let me know about it.	(n=258)	(n=0)
a. Never or almost never	7.0% (±3.1)	**
b. Sometimes	17.8% (±4.7)	**
c. Often	32.6% (±5.8)	**
d. All the time	42.6% (±6.1)	**

202. How often do your parents tell you they're proud of you for something you've done?	(n=254)	(n=0)
a. Never or almost never	7.1% (±3.2)	**
b. Sometimes	14.6% (±4.4)	**
c. Often	33.5% (±5.8)	**
d. All the time	44.9% (±6.2)	**

203. Do you enjoy spending time with your mom?	(n=255)	(n=0)
a. NO!	2.0% (±1.7)	**
b. No	3.5% (±2.3)	**
c. yes	23.5% (±5.2)	**
d. YES!	71.0% (±5.6)	**

	Grade 6	Grade 8
	% (± CI) (n=250)	% (± CI) (n=0)
204. Do you enjoy spending time with your dad?		
a. NO!	3.2% (±2.2)	**
b. No	2.8% (±2.1)	**
c. yes	26.4% (±5.5)	**
d. YES!	67.6% (±5.8)	**

Parental Attitudes Favorable Towards Drug Use (Questions 205-207)

205. How wrong do your parents feel it would be for you to: Drink beer, wine, or hard liquor (for example vodka, whiskey or gin) regularly (at least once or twice a month)?	(n=0)	(n=121)
a. Very wrong	**	82.6% (±6.8)
b. Wrong	**	12.4% (±6.0)
c. A little bit wrong	**	3.3% (±3.2)
d. Not wrong at all	**	1.7% (±2.3)

206. How wrong do your parents feel it would be for you to: Smoke cigarettes?	(n=0)	(n=122)
a. Very wrong	**	97.5% (±2.8)
b. Wrong	**	2.5% (±2.8)
c. A little bit wrong	**	0.0% (±0.0)
d. Not wrong at all	**	0.0% (±0.0)

207. How wrong do your parents feel it would be for you to: Use marijuana?	(n=0)	(n=121)
a. Very wrong	**	92.6% (±4.7)
b. Wrong	**	5.8% (±4.2)
c. A little bit wrong	**	1.7% (±2.3)
d. Not wrong at all	**	0.0% (±0.0)

School Domain

Academic Failure Questions (Questions 208-209)

208. Putting them all together, what were your grades like last year?	(n=278)	(n=238)
a. Mostly As	51.1% (±5.9)	67.2% (±6.0)
b. Mostly Bs	39.9% (±5.8)	24.4% (±5.5)
c. Mostly Cs	6.5% (±2.9)	6.3% (±3.1)
d. Mostly Ds	1.8% (±1.6)	2.1% (±1.8)
e. Mostly Fs	0.7% (±1.0)	0.0% (±0.0)

209. Are your school grades better than the grades of most students in your class?	(n=270)	(n=114)
a. NO!	3.7% (±2.3)	1.8% (±2.4)
b. No	28.1% (±5.4)	20.2% (±7.5)
c. yes	53.7% (±6.0)	54.4% (±9.3)
d. YES!	14.4% (±4.2)	23.7% (±7.9)

Low Commitment to School (Questions 210-216)

	Grade 6	Grade 8
	% (± CI) (n=283)	% (± CI) (n=123)
210. How often do you feel the schoolwork you are assigned is meaningful and important?		
a. Almost always	24.0% (±5.0)	13.0% (±6.0)
b. Often	28.6% (±5.3)	33.3% (±8.4)
c. Sometimes	33.6% (±5.5)	30.9% (±8.3)
d. Seldom	9.2% (±3.4)	16.3% (±6.6)
e. Never	4.6% (±2.5)	6.5% (±4.4)
211. How interesting are most of your courses to you?	(n=278)	(n=123)
a. Very interesting and stimulating	10.1% (±3.6)	8.9% (±5.1)
b. Quite interesting	36.3% (±5.7)	28.5% (±8.1)
c. Fairly interesting	39.6% (±5.8)	32.5% (±8.4)
d. Slightly dull	10.8% (±3.7)	20.3% (±7.2)
e. Very dull	3.2% (±2.1)	9.8% (±5.3)
212. How important do you think the things you are learning in school are going to be for you later in life?	(n=284)	(n=122)
a. Very important	29.9% (±5.4)	23.8% (±7.7)
b. Quite important	27.5% (±5.2)	29.5% (±8.2)
c. Fairly important	25.7% (±5.1)	25.4% (±7.8)
d. Slightly important	14.8% (±4.2)	16.4% (±6.7)
e. Not at all important	2.1% (±1.7)	4.9% (±3.9)
<i>Think back over the past year in school. How often did you:</i>		
213. Enjoy being in school?	(n=286)	(n=241)
a. Never	4.2% (±2.3)	14.5% (±4.5)
b. Seldom	9.4% (±3.4)	14.5% (±4.5)
c. Sometimes	32.2% (±5.4)	37.3% (±6.2)
d. Often	32.2% (±5.4)	24.1% (±5.4)
e. Almost always	22.0% (±4.8)	9.5% (±3.7)
214. Hate being in school?	(n=286)	(n=123)
a. Never	20.6% (±4.7)	12.2% (±5.9)
b. Seldom	32.5% (±5.5)	30.1% (±8.2)
c. Sometimes	33.2% (±5.5)	30.9% (±8.3)
d. Often	8.7% (±3.3)	16.3% (±6.6)
e. Almost always	4.9% (±2.5)	10.6% (±5.5)
215. Try to do your best work in school?	(n=284)	(n=123)
a. Never	1.1% (±1.2)	2.4% (±2.8)
b. Seldom	1.1% (±1.2)	4.9% (±3.9)
c. Sometimes	4.2% (±2.4)	8.9% (±5.1)
d. Often	27.1% (±5.2)	35.8% (±8.6)
e. Almost always	66.5% (±5.5)	48.0% (±9.0)

	Grade 6	Grade 8
216. During the LAST 4 WEEKS, how many whole days of school have you missed because you skipped or "cut"?	% (± CI) (n=287)	% (± CI) (n=122)
a. None	88.2% (±3.8)	84.4% (±6.5)
b. 1	5.9% (±2.7)	11.5% (±5.7)
c. 2	2.1% (±1.7)	1.6% (±2.3)
d. 3	1.7% (±1.5)	1.6% (±2.3)
e. 4-5	1.4% (±1.4)	0.8% (±1.6)
f. 6-10	0.7% (±1.0)	0.0% (±0.0)
g. 11 or more	0.0% (±0.0)	0.0% (±0.0)

Opportunities for Prosocial Involvement (Questions 217-221)

217. In my school, students have lots of chances to help decide things like class activities and rules.	(n=0)	(n=120)
a. NO!	**	16.7% (±6.8)
b. No	**	40.0% (±8.9)
c. yes	**	36.7% (±8.7)
d. YES!	**	6.7% (±4.5)

218. There are lots of chances for students in my school to talk with a teacher one-on-one.	(n=0)	(n=121)
a. NO!	**	14.0% (±6.3)
b. No	**	18.2% (±7.0)
c. yes	**	52.9% (±9.0)
d. YES!	**	14.9% (±6.4)

219. Teachers ask me to work on special classroom projects.	(n=0)	(n=120)
a. NO!	**	24.2% (±7.8)
b. No	**	49.2% (±9.1)
c. yes	**	21.7% (±7.5)
d. YES!	**	5.0% (±4.0)

220. There are lots of chances for students in my school to get involved in sports, clubs, and other school activities outside of class.	(n=0)	(n=122)
a. NO!	**	2.5% (±2.8)
b. No	**	11.5% (±5.7)
c. yes	**	44.3% (±8.9)
d. YES!	**	41.8% (±8.9)

221. I have lots of chances to be part of class discussions or activities.	(n=0)	(n=118)
a. NO!	**	6.8% (±4.6)
b. No	**	11.9% (±5.9)
c. yes	**	59.3% (±9.0)
d. YES!	**	22.0% (±7.6)

Rewards for Prosocial Involvement (Questions 222-225)

	Grade 6	Grade 8
	% (± CI) (n=285)	% (± CI) (n=120)
222. My teacher(s) notices when I am doing a good job and lets me know about it.		
a. NO!	8.1% (±3.2)	10.8% (±5.6)
b. No	35.8% (±5.6)	28.3% (±8.2)
c. yes	47.0% (±5.8)	51.7% (±9.1)
d. YES!	9.1% (±3.4)	9.2% (±5.2)
223. The school lets my parents know when I have done something well.	(n=278)	(n=120)
a. NO!	17.6% (±4.5)	31.7% (±8.4)
b. No	44.2% (±5.9)	40.8% (±8.9)
c. yes	27.3% (±5.3)	22.5% (±7.6)
d. YES!	10.8% (±3.7)	5.0% (±4.0)
224. I feel safe at my school.	(n=285)	(n=248)
a. NO! ^{AC} /Definitely NOT true ^B	5.3% (±2.6)	9.3% (±3.6)
b. no ^{AC} /Mostly not true ^B	8.8% (±3.3)	19.0% (±4.9)
c. yes ^{AC} /Mostly true ^B	53.7% (±5.8)	59.7% (±6.1)
d. YES! ^{AC} /Definitely true ^B	32.3% (±5.5)	12.1% (±4.1)
225. My teachers praise me when I work hard in school.	(n=276)	(n=121)
a. NO!	12.0% (±3.9)	23.1% (±7.6)
b. No	41.7% (±5.9)	35.5% (±8.7)
c. yes	38.8% (±5.8)	34.7% (±8.6)
d. YES!	7.6% (±3.1)	6.6% (±4.5)

Peer and Individual Domain**Perceived Risk of Drug Use (Questions 226-229)**

How much do you think people risk harming themselves if they:

	(n=252)	(n=115)
226. Smoke one or more packs of cigarettes per day?		
a. No risk	4.8% (±2.6)	0.9% (±1.7)
b. Slight risk	3.2% (±2.2)	3.5% (±3.4)
c. Moderate risk	13.1% (±4.2)	17.4% (±7.0)
d. Great risk	65.1% (±5.9)	71.3% (±8.4)
e. Not sure	13.9% (±4.3)	7.0% (±4.7)
227. Try marijuana once or twice?	(n=254)	(n=114)
a. No risk	10.6% (±3.8)	7.0% (±4.8)
b. Slight risk	15.7% (±4.5)	27.2% (±8.3)
c. Moderate risk	26.0% (±5.4)	28.9% (±8.5)
d. Great risk	30.7% (±5.7)	32.5% (±8.7)
e. Not sure	16.9% (±4.6)	4.4% (±3.8)

	Grade 6	Grade 8
	% (± CI) (n=253)	% (± CI) (n=114)
228. Use marijuana regularly (at least once or twice a week)?		
a. No risk	7.1% (±3.2)	2.6% (±3.0)
b. Slight risk	7.1% (±3.2)	9.6% (±5.5)
c. Moderate risk	16.6% (±4.6)	24.6% (±8.0)
d. Great risk	52.6% (±6.2)	58.8% (±9.2)
e. Not sure	16.6% (±4.6)	4.4% (±3.8)
229. Take one or two drinks of an alcoholic beverage (wine, beer, a shot, liquor) nearly every day?	(n=250)	(n=114)
a. No risk	13.2% (±4.2)	3.5% (±3.4)
b. Slight risk	10.4% (±3.8)	17.5% (±7.1)
c. Moderate risk	22.8% (±5.2)	28.9% (±8.5)
d. Great risk	38.0% (±6.1)	44.7% (±9.3)
e. Not sure	15.6% (±4.5)	5.3% (±4.2)

Early Initiation of Drug Use (Questions 230-233)

How old were you the first time you:

230. Used marijuana?	(n=0)	(n=238)
a. Never have	**	96.2% (±2.4)
b. 10 or younger	**	0.8% (±1.2)
c. 11	**	0.0% (±0.0)
d. 12	**	0.4% (±0.8)
e. 13	**	2.5% (±2.0)
f. 14	**	0.0% (±0.0)
g. 15	**	0.0% (±0.0)
h. 16	**	0.0% (±0.0)
i. 17 or older	**	0.0% (±0.0)
231. Smoked a cigarette, even just a puff?	(n=0)	(n=113)
a. Never have	**	95.6% (±3.9)
b. 10 or younger	**	2.7% (±3.0)
c. 11	**	0.0% (±0.0)
d. 12	**	0.0% (±0.0)
e. 13	**	1.8% (±2.5)
f. 14	**	0.0% (±0.0)
g. 15	**	0.0% (±0.0)
h. 16	**	0.0% (±0.0)
i. 17 or older	**	0.0% (±0.0)

	Grade 6	Grade 8
232. Had more than a sip or two of beer, wine, or hard liquor (for example vodka, whiskey, or gin)?	% (± CI) (n=0)	% (± CI) (n=239)
a. Never have	**	82.4% (±4.9)
b. 10 or younger	**	9.2% (±3.7)
c. 11	**	2.9% (±2.2)
d. 12	**	1.7% (±1.6)
e. 13	**	3.8% (±2.4)
f. 14	**	0.0% (±0.0)
g. 15	**	0.0% (±0.0)
h. 16	**	0.0% (±0.0)
i. 17 or older	**	0.0% (±0.0)
233. Began drinking alcoholic beverages regularly, that is, at least once or twice a month?	(n=0)	(n=112)
a. Never have	**	98.2% (±2.5)
b. 10 or younger	**	1.8% (±2.5)
c. 11	**	0.0% (±0.0)
d. 12	**	0.0% (±0.0)
e. 13	**	0.0% (±0.0)
f. 14	**	0.0% (±0.0)
g. 15	**	0.0% (±0.0)
h. 16	**	0.0% (±0.0)
i. 17 or older	**	0.0% (±0.0)

Favorable Attitudes Toward Drug Use (Questions 234-237)

How wrong do YOU think it is for someone your age to:

234. Drink beer, wine, or hard liquor (for example vodka, whiskey, or gin) regularly?	(n=261)	(n=113)
a. Very wrong	87.4% (±4.1)	70.8% (±8.5)
b. Wrong	9.2% (±3.5)	21.2% (±7.7)
c. A little bit wrong	1.9% (±1.7)	7.1% (±4.8)
d. Not wrong at all	1.5% (±1.5)	0.9% (±1.8)
235. Smoke cigarettes?	(n=262)	(n=113)
a. Very wrong	90.5% (±3.6)	85.0% (±6.7)
b. Wrong	7.3% (±3.2)	11.5% (±6.0)
c. A little bit wrong	1.1% (±1.3)	3.5% (±3.5)
d. Not wrong at all	1.1% (±1.3)	0.0% (±0.0)
236. Use marijuana?	(n=258)	(n=113)
a. Very wrong	92.2% (±3.3)	80.5% (±7.4)
b. Wrong	4.3% (±2.5)	9.7% (±5.5)
c. A little bit wrong	1.9% (±1.7)	8.0% (±5.1)
d. Not wrong at all	1.6% (±1.5)	1.8% (±2.5)

	Grade 6	Grade 8
	% (± CI) (n=259)	% (± CI) (n=113)
237. Use LSD, cocaine, amphetamines, or another illegal drug?		
a. Very wrong	96.1% (±2.4)	92.0% (±5.1)
b. Wrong	2.3% (±1.8)	8.0% (±5.1)
c. A little bit wrong	0.4% (±0.8)	0.0% (±0.0)
d. Not wrong at all	1.2% (±1.3)	0.0% (±0.0)

Friends Use Drugs (Questions 238-241)

Think of your four best friends (the friends you feel closest to). In the past year (12 months), how many of your best friends have...

238. Smoked cigarettes?	(n=0)	(n=103)
a. None of my friends	**	88.3% (±6.3)
b. 1 of my friends	**	6.8% (±4.9)
c. 2 of my friends	**	1.9% (±2.7)
d. 3 of my friends	**	1.9% (±2.7)
e. 4 of my friends	**	1.0% (±1.9)

239. Tried beer, wine, or hard liquor (for example vodka, whiskey, or gin) when their parents didn't know about it?	(n=0)	(n=102)
a. None of my friends	**	83.3% (±7.4)
b. 1 of my friends	**	10.8% (±6.1)
c. 2 of my friends	**	3.9% (±3.8)
d. 3 of my friends	**	1.0% (±1.9)
e. 4 of my friends	**	1.0% (±1.9)

240. Used marijuana?	(n=0)	(n=102)
a. None of my friends	**	88.2% (±6.4)
b. 1 of my friends	**	5.9% (±4.6)
c. 2 of my friends	**	4.9% (±4.3)
d. 3 of my friends	**	1.0% (±1.9)
e. 4 of my friends	**	0.0% (±0.0)

241. Used LSD, cocaine, amphetamines, or other illegal drugs?	(n=0)	(n=102)
a. None of my friends	**	97.1% (±3.3)
b. 1 of my friends	**	2.0% (±2.7)
c. 2 of my friends	**	1.0% (±1.9)
d. 3 of my friends	**	0.0% (±0.0)
e. 4 of my friends	**	0.0% (±0.0)

Social Skills (Questions 242-244)

242. You're looking at shirts in a store with a friend. You look up and see her slip a shirt under her coat. She smiles and says, "Which one do you want? Go ahead, take it while nobody's around." There are no security cameras, no employees, and no other customers. What would you do now?

	Grade 6	Grade 8
	% (± CI) (n=0)	% (± CI) (n=103)
a. Ignore her	**	21.4% (±8.0)
b. Grab a shirt and leave the store	**	6.8% (±4.9)
c. Tell her to put the shirt back	**	50.5% (±9.8)
d. Act like it's a joke and ask her to put the shirt back	**	21.4% (±8.0)

243. You are visiting another part of town and you don't know any of the people your age there. You are walking down the street and some teenager you don't know is walking toward you. He is about your size. As he is about to pass you, he deliberately bumps into you and you almost lose your balance. What would you say or do?

	(n=0)	(n=101)
a. Push the person back	**	8.9% (±5.7)
b. Say nothing and keep on walking	**	51.5% (±9.9)
c. Say, "Watch where you're going," and keep on walking	**	26.7% (±8.8)
d. Swear at the person and walk away	**	12.9% (±6.6)

244. You are at a party at someone's house and one of your friends offers you a drink containing alcohol. What would you say or do?

	(n=0)	(n=103)
a. Drink it	**	11.7% (±6.3)
b. Tell your friend, "No thanks. I don't drink," and suggest that you and your friend go and do something else	**	48.5% (±9.8)
c. Just say, "No, thanks," and walk away	**	27.2% (±8.7)
d. Make up a good excuse, tell your friend you had something else to do, and leave	**	12.6% (±6.5)

Questions by Topics

Questions about a single topic are not always grouped together in this report. For example, some questions about alcohol are presented in the Alcohol, Tobacco, and Other Drug (ATOD) Use section and others are presented in the Risk and Protective Factor section. The following list, groups the questions by topic so you can easily locate them in this report.

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Access 63, 172	Fruit/Vegetable servings 87
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Drinking and driving 123-125	Other Drugs
Family influence 64-65, 194-195, 205	Access 175
Lifetime use 23	Current use 40-44
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Core Questions

“Core” questions that appeared on both Forms A and B (the secondary versions of the survey) are listed below. All other questions appeared on either Form A or Form B, but not both. Core questions may or may not have appeared on Form C (the elementary version).

Activities

Participation in after school activities 103

Alcohol

Age when first drank alcohol 232
Binge drinking 60
Current alcohol drinking (past 30 days) 38
Levels of alcohol use 61
Lifetime alcohol use 23

Bullying

Been bullied (past 30 days) 152

Demographics

Age 1
Education level of mother 11
Food insecurity 85
Gender 3
Gender identity 4
Language spoken in home 8
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Fighting

Physical fighting (past 12 months) 131

Gangs

Gang involvement 132
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Honesty

Honesty in completing survey 20

Marijuana

Age when first used marijuana 230
Current marijuana use (past 30 days) 39
Lifetime marijuana use 24

Mental Health

Bothered by anxiety 147
Bothered by worrying 148
Depression (past 12 months) 141
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Seriously considered attempting suicide 142

Other Drugs

Current painkiller use (past 30 days) 42

School Climate

Absent from school 18
Been bullied (past 30 days) 152
Enjoyed being in school (past 12 months) 213
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Substance use on school property 78
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Texting and Driving

Texting and driving (past 30 days) 129

Tobacco

Current cigarette smoking (past 30 days) 32

Weapons

Weapon carrying on school property (past 12 months) 130

For more information on which survey forms each question was on,
see the Survey Crosswalk at www.AskHYS.net, under HYS Results - QxQ